

NOVEMBER 2012

the Hummm

free

Arts,
Entertainment
& Ideas



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November's Events



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Wildrose Country



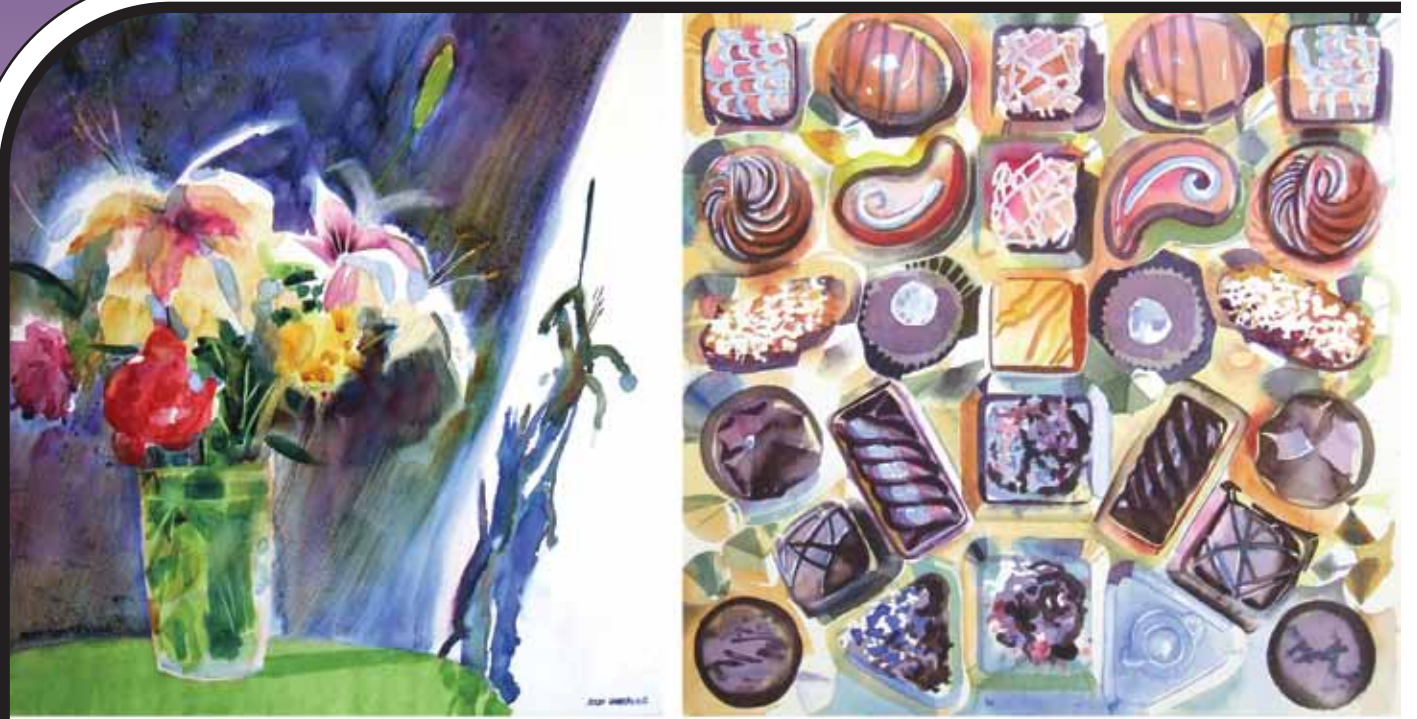
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CFUW House Tour

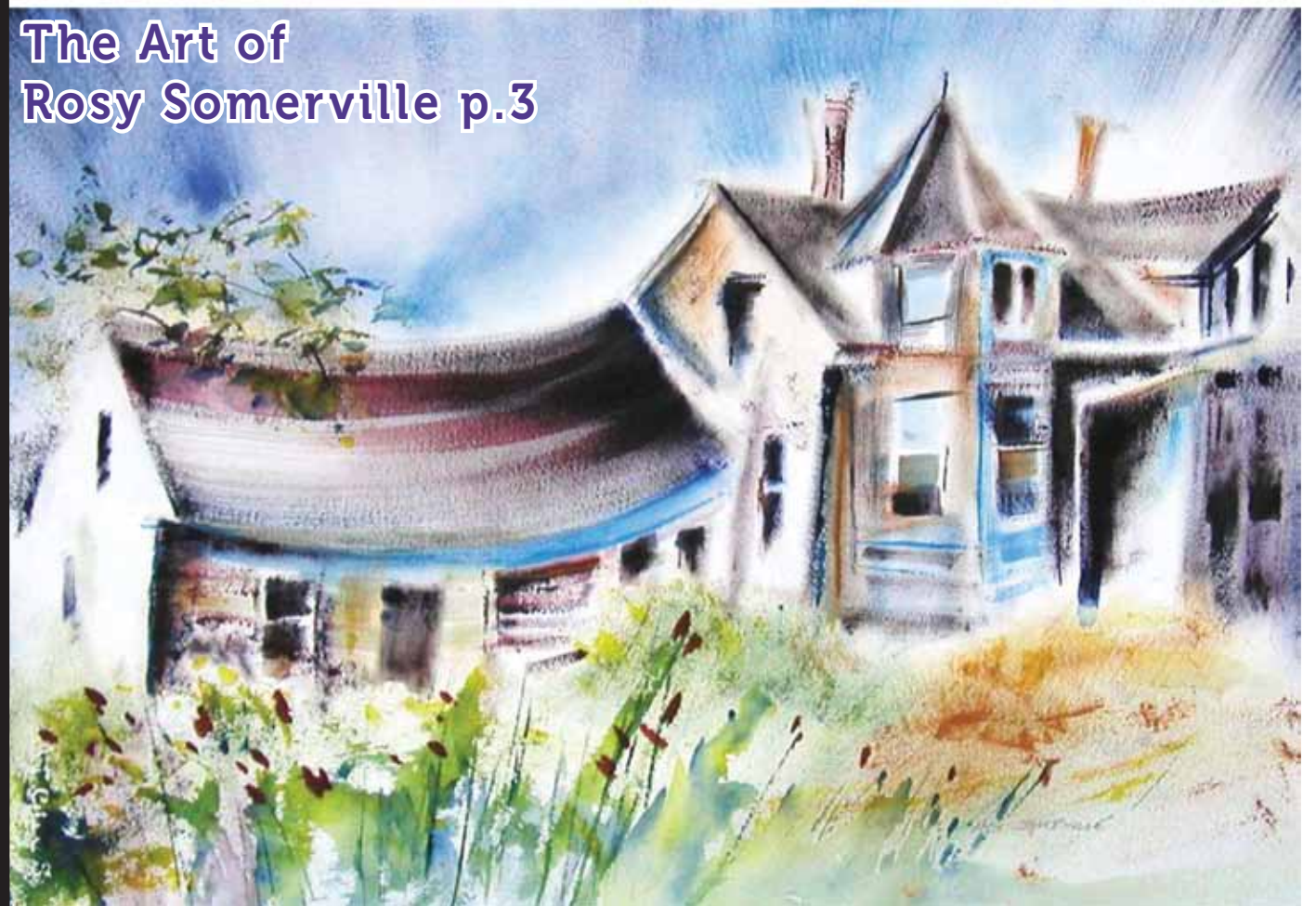


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Miss Write



The Art of
Rosy Somerville p.3



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"Then I said to myself 'Hey! - we've an aspiring writer in the house - he'll want to do all the Christmas cards!'"

Readers Write

Dear Miss Singleton,

I read with interest your online dating experience (see the October 2012 issue of *theHumm*). I have just shut the door on three years of marketing myself via several online sites. I met about 15 men and probably talked to another 30, met two with promise. The first one posted that he was an "occasional smoker". After several months I learned this meant one every 20 minutes. The second one turned out to be still in love with an ex. The last man I met had his profile posted as a joke by his kids. An odd way to amuse.

I wanted to understand why I was having such a difficult time and started reading dating site forums. General consensus is that about one third of people online are married or in relationships. Sort of put a whole new spin on it for me.

Speed dating? I understand that women are expected to be at least ten years younger than the men in the group. Too scary-adventurous for a lady in her 50s.

May the stars collide for you in an old fashioned way.
— Ms Solitaire

Humble Thought

"I realized in Dachau
that the arts in general
have the power
to keep you not just alive,
but to make your life meaningful
even under the most
dreadful circumstances."

— Herbert Zipper

Read more about the role of music during wartime on page 9.



Who's Reading theHumm

Back in early 2011, **Gina Ellis** wrote: I noticed in your November issue that you had a photo of some people posing with a copy of theHumm in Portugal. That inspired me to take a copy of the paper with me on a recent trip to Europe. I posed with it at Damanhur, a modern underground art installation in northern Italy, and also in front of one of the caves in southern France where prehistoric artists left their work. I thought the fact that they were both art installations, both underground, and thousands of years apart was interesting.



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions
By email or on disk.


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Thanks this month to:
Karen Rennie of Perth Tourism for all of her assistance in co-ordinating the "Perth pages" (19-22) this month. It was great working with you!



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To be included in this year's Gift Giving Guide,
please contact theHumm by November 15.

Rosy Somerville – Capturing Essence with Watercolours

It is not my wont to quote artists' statements in my articles for *theHumm*, but I make an exception this time. Rosy Somerville is an artist and art instructor whose first love is watercolour. After an absorbing and educative conversation with her, I revisited the artist's statement she provides on her home page at <rosysomerville.com> and realized that I cannot improve on her summation of why she is a watercolour artist:

by Sally Hansen

"Painting is for me a meditation. I love the challenge, the unique movements of the medium, the contrasts of control and unpredictability, the total focus it demands. I enjoy the tension between working within rules, and allowing intuition to speak. I work mostly in the studio, but like to paint in nature en plein air. Through the play of light and dark, of colours, shapes, textures, lines, the defined and the undefined, the stated and the implied, I attempt to capture some essence of my subject, be it in nature, people or objects."

The challenges presented by her preferred medium are precisely what makes watercolour the perfect choice for her artistic self-expression. Anyone who has tried it knows that, unlike painting with oils or acrylics or chalk or coloured pencil, painting with watercolours involves a willingness to take chances with a fickle and capricious partner. As Wikipedia puts it, "The difficulty in watercolour painting is almost entirely in learning how to anticipate and leverage the behaviour of water, rather than attempting to control or dominate it."

The wide variety of paintings adorning her home gallery and classroom are a testament to her mastery of her medium. They range from vivid abstracted landscapes, to muted portraits of people and birds, to still life renditions of shoes and floral bouquets. Each is remarkable for its tangible success in portraying the essence of its subject; I understand exactly what Somerville means when she writes about "the defined and the undefined, the stated and the implied." Nowhere is this more evident than in her portraits of people. One glance at "Bridget" and you truly wish you were a friend of this wise, caring woman.

The Teaching Gene

Rosy's innate tendency to educate is obvious as she points out the different techniques she uses to leverage the behaviour of water on various papers

and other "canvases." In general, she prefers the luminosity she can achieve with the transparency of watercolours, but is thoroughly knowledgeable about other options. She paints with acrylics and oils, but returns most frequently to her roots in England where watercolour painting has flourished since the 18th century.

Born in Beaconsfield, Buckinghamshire, not far from London, Rosy is the daughter of two educators. Her mother in particular encouraged creative thinking, and Rosy's drawing kit was her constant companion as a youngster. She remembers spending hours creating meticulously representational studies of flora and fauna. After completing the foundation year of a Diploma in Art and Design, Rosy studied European Literature at Warwick University. Although she now recognizes that she inherited the familial teaching gene (her grandparents were also teachers),



she decided to live in India for a while instead of embarking on a teaching career. When she returned to England in her late 20s to put down roots, she chose a career in graphic design; her clients included many large pharmaceutical companies.

Romance in the form of a Canadian serviceman brought Somerville to Canada in 1996, and the couple are now happily situated in a lovely home at the edge of Carp where her husband Ian can photograph birds (and a black bear!) from the back patio.



Rosy's watercolour epiphany occurred in 1999 when she took a watercolour course. "Something about the way the paint moves on the paper, the translucency, the infinite possibilities of so many techniques and chemical interactions, the whole process of exploring my subject — when I'm painting, I forget the outside world entirely. It takes me to my peaceful place where I'm completely happy."

By 2005 she began showing her work at venues like the Ottawa Art Festival and the Tulip Festival. A friend saw her work and introduced her to the Arts Director at the Visual Arts Centre in Orleans, where she lived at the time. They told her she should be teaching, and she continued to teach watercolour art at the OSA (Ottawa School of Art) Shenkman Centre in Orleans until last year. Now she teaches at the Nepean Creative Arts Centre and offers both beginner and intermediate courses from her home studio in Carp.

When I asked her what she thought was the most important thing she could teach her art students, Somerville responded, "to connect with and express their inner joy through this versatile medium." This sounds like a course worth taking. According to a recent article at <slate.com>, palaeontologists and researchers in neuroaesthetics tend to link the development of modern human cognition to the origin of our ability to express ourselves as artists and historians through cave painting, sculptures and other prehistoric art. Representing the world in symbols may have heralded the beginnings of language. Rosy has an innate ability and deep urge to express herself through her art, and to share her gift for doing so with others.

Red Trillium Studio Tour

Since 2005 Rosy Somerville has had many solo shows, won awards, and participated in juried shows like Centrepointe Theatre City Gallery, *Selections* with Arts Ottawa East, the OSA annual Instructors' Exhibitions, the West Carleton Arts Society Fall Show & Sale, and the Glebe Fine Art Show.

On November 24 and 25, Rosy's studio at 175 Charlie's Lane in Carp is Stop 3 of the Red Trillium Fall Studio Tour, where she will also host photographer Mario Cerroni and jeweller Pamela Sherrer. The website at <redtrilliumst.com> provides details. From December 4 to 30 Rosy's works will be on display at the Cube Gallery's show titled *Great Big Smalls VIII*, at 1285 Wellington West in Ottawa. Details will be available at <cubegallery.ca>, or by phoning 728-2111.

To enquire about watercolour art instruction, contact Rosy via <rosysomerville.com> or by phone at 839-1918. The potential for discovering your own artistic essence exists.



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Sat 8am-6pm
Sun 9am-6pm

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WHO Rosy Somerville

WHAT Painter and Art Instructor

WHERE Home studio, 175 Charlie's Lane, Carp, 839-1918, <rosysomerville.com>, <rosy.somerville@rogers.com>

WHEN November 24-25, Studio No. 3, Red Trillium Fall Studio Tour, <redtrilliumst.com>;

December 4-30, Cube Gallery's Great Big Smalls VIII show at 1285 Wellington W., Ottawa, <cubegallery.ca>, 728-2111

WHY "It connects me to a peaceful, joyful place; it is my meditation."

ARTIST TRADING CARD

THE HUMM

TYPS Brings the Community Together with Food

The youth of TYPS have been cooking up a storm in preparation for their newest fundraising initiative: the **TYPS Community Cookbook**. The youth centre opens its doors every weekday at 2:30PM to a rush of kids piling in after school. Most of these teens are hungry after a solid day of school, and head over to the kitchen to mix up some juice, boil some pasta and pull out the ingredients for a double (okay maybe quadruple) batch of cookies or banana bread. The kitchen is the heart of this youth centre in Almonte.

TYPS serves the Mississippi Mills area and is proud to see at least 20 teens a day, between the ages of 12 and 18 (some days as many as 60 kids!). Each and every youth member can take advantage of the open kitchen and nutritional food program. Executive Director Julie Wilbond and Youth Service Worker Alyssa Comstock spend each day working closely with the kids. Alyssa is a passionate, talented cook and baker and loves developing menus with the youth for Weekly Family Meals, Monthly Cupcake Nights and Holiday Meals. This past Thanksgiving, 18 youth and staff members crammed into what the kids refer to as "The Family Room", for a classic Thanksgiving spread cooked up by Alyssa and the kids. Staff say there is nothing more heartwarming and rewarding than sitting around the table with this group of inspiring teens. So much laughter, so many stories, and gratitude for what TYPS has to offer.

Known by some around town as "The Cookbook Lady", Development Intern Amica Hewitt has been walking up and down Mill Street, and all around the community, collecting over 175 recipes from youth, local businesses, organizations and supporters. Amica says, "This has been an incredibly rewarding project. We could not have pulled this off without the support and encouragement from our community, board of directors and our executive director. Mississippi Mills is full of community-minded cheerleaders!"

Many businesses have had fun submitting recipes relating to their business-type. Some of TYPS' favourite submissions to date: Good Night Moon Bars from Mill Street Books, Robin's Nest Cookies from Gilligallou Bird Inc., Sara's Groove Enhancing Hip Hemp-a-licious cookies from Soul Scents, Maple Latté from Equator Coffee Roasters Inc., Royal Red Velvet Cake from Angie Snyder at RBC Royal Bank in Almonte, and Humm Hummus from (you guessed it) *theHumm*!



Sandra Salmins from Almonte's Pêches et Poivre fine food shop has contributed a recipe for chocolate pistachio biscotti to the TYPS cookbook

Amica adds, "It has been an honour to sit and hear stories from the teens submitting recipes. Take Dawson McGrath for instance, a brave 13-year-old TYPS member. Dawson regaled us with stories of making stew from squirrel and rabbit that he hunted for with his own two hands... Now that's local!" Ashley Thibeault, age 17, has submitted eight of her favourite recipes, including her favourite chocolate chip cookies, pigs in blankets and caramel apples.

TYPS hosted a cookbook cover design contest where the youth entered homemade drawings. Brooklyn Ann Gleeson-Huckstep, age 13, won with a colourful landslide!

The \$15 cookbook will hit the shelves of local stores on December 1, just in time for Christmas. More information will be found in the December issue of *theHumm*. For further details, please contact Amica Hewitt (The Cookbook Lady) at 325-2165, <amica.typs@gmail.com>, TYPS Almonte on Facebook, @TYPSAlmonte on Twitter, or <typsouthcentre.org>

TYPS is always looking for extra hands at the centre. Please contact <julie@typsouthcentre.org> if you can commit to a few hours every week or month. They would love to have you!

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Guatemala Stove Project's Annual Fundraising Dance

The Guatemala Stove Project (GSP) is pleased to announce that 2004 Juno award winner **The Mighty Popo** will headline their always popular annual dance. The dance will be held Friday, November 16, at the Perth Civitan Hall (6787 County Road 43), and doors open at 7PM.

The Mighty Popo's inherited love for his African musical roots, combined with his connections with rock and roll, blues, reggae, folk, Cajun and R&B, all help to create a blend of music that will entertain you throughout this very special night.

Opening this musical evening will be the Carleton Place-based duo **Sounds Sweet**. They will perform some of your favourite music from the '70s to the present.

This event is the GSP's main annual fundraiser. Included in

the evening's program are a live auction, door prizes, the ever popular raffle with a fabulous assortment of gift baskets, and a silent auction with some beautiful handmade items, generously donated by Perth-area artists. Guatemalan handicrafts and the GSP 2013 calendar will also be available for sale. The generosity of local businesses has helped to make this event successful.

Founded in 1999, the GSP is a locally-based charity whose mission is to improve the lives of rural Mayan families living in the Western Highlands of Guatemala, by building and providing masonry cook stoves, as well as aiding in other sustainable development initiatives. Over 4,500 cook stoves have been built to date, improving the overall health of the recipient families while helping to pre-



The Mighty Popo (above) headlines at this year's fundraising dance for the Guatemala Stove Project on November 16 in Perth



serve the country's forests. The use of an efficient cook stove dramatically reduces fuel consumption and helps to alleviate the respiratory disease and eye problems associated with continuous exposure to harmful unventilated smoke. A person's life expectancy may be increased as much as fifteen years.

Please show your support for the Perth-based Guatemala

Stove Project. Put on your dancing shoes and be sure to attend this fun-filled, licensed event. 19+ID is required. Advance tickets (\$20) are available in Perth at Shadowfax (67 Foster Street, 1-800-518-2729) and Coutts & Co. Coffee (Code's Mill), or at the door at the Civitan Hall (\$22). For more information please call 267-5202 or visit <guatemalastoveproject.org>

COAT EVENT



Join us on Friday, **November 9, 6PM**
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- Nov. 24 Meet **Major Craig** – chutneys and **Art & Janet Horton** – fine woodwork

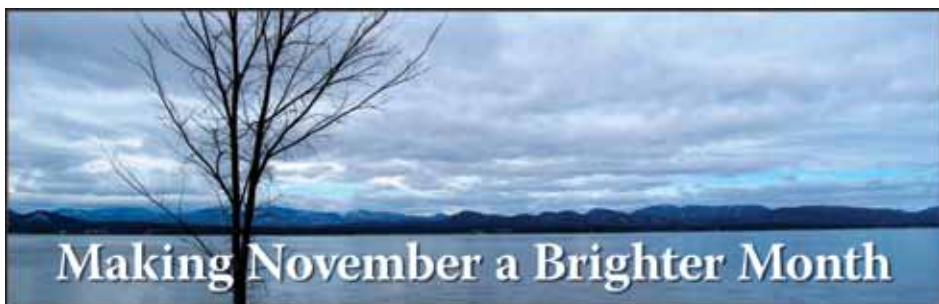
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Making November a Brighter Month

November isn't one of my favourite months. The last of the leaves fall off the trees and most days have grey skies. The bright spot is that one can safely begin preparing for the holiday season without being scolded for being ridiculously premature. I am a huge Santa fan. I love the idea of Santa, the look, the whole package. In November I can start thinking like Santa. There are many local groups that need Santa's help long before the big day. There is the Angel Tree program and the Lanark County Snowsuit program that benefit kids through the Children's Aid Society. There is also the food bank that always needs assistance, but extra help at this time of year will certainly make November a brighter month.

Santa's Elves are in every small independent store ready to help with my list. Shopping in the stores along Mill Street in Almonte, Bridge Street in Carleton Place, and popping over to Balderson and Burnstown will have double the benefit. The recipients will receive extra special unique gifts and all the money spent will go to hard working local entrepreneurs. Shop like Santa and shop local!

Sincerely,
Jennifer



Jennifer Kelly

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Carp Farmers' Christmas Market

Mark your calendars now for this year's **Carp Farmers' Christmas Market**, scheduled for Friday, November 30 from 3PM to 8PM and Saturday, December 1, from 8AM to 2PM.

Every year the Christmas market has grown a little bigger, and this year is no exception, with 65 booths featuring the best of the holiday best, spread between the two market buildings. From toys to trinkets, dips to marinades, jams and jellies to home baked goods, as well as crafts of all kinds — crochet, cosy knits and quilts, art and carpentry — there's bound to be something for every budget and interest.

And to make sure that your holiday meals don't lack the farm-fresh feel, pick up some high-quality, seasonal, produce

to add that special touch of home-grown to your festivities.

Select your special tree from the Corkery Fire Station Team, or choose a fresh wreath or swag from the outside display. It's one-stop shopping for everything you need for the holidays, whether it be one-of-a-kind gifts, stocking stuffers or decorations.

Enjoy the food court for a rest and a snack, and don't miss the chance to buy a ticket for the draw for the Carp Farmers' Market food basket — and grab a 50/50 ticket at the same time. All proceeds will be going to the West Carleton Food Bank.

Wheelchair accessible, with free admission and parking, the Carp Farmers' Market is a Christmas must!

It's a Hat Trick! Ottawa Story Spinners' Book Launch

The Arnprior Book Store, situated on John Street in historic Arnprior, will host the first book signing of the *Black Lake Chronicles Volume 3* by The Ottawa Story Spinners after its November book launch in Ottawa. The signing takes place on Saturday, December 1, from 1 to 3PM.

Eclectic perceptions about life, diverse personalities, oodles of talent, and a passion for writing are but a few of the things that brought The Ottawa Story Spinners together, first in Ottawa and later at Black Lake near Perth. The founding members — Susan Jennings (founder and leader), Kathi Nidd, Barry Alder, Anne Raina, Kit Flynn, Tony Myres, Chantal Frobels and Rita Myres — came from a variety of places, but with a common goal: to write.

Susan firmly believes that no group comes together by accident, and TOSS, as it is affectionately nicknamed, is no exception. Each writer is a vital thread in the weaving of a unique tapestry of stories. Some tales are fiction gleaned from vivid imaginations, while others are creative nonfiction, the result of true life experiences — they have all been woven into the three volumes.

The *Black Lake Chronicles* was born at their first writers' retreat in August 2010, held at Anne Raina's cottage on the shores of Black Lake. This was the first of many retreats with the sole purpose of planning the

Chronicles. A small thirty-page chapbook was the plan — an exciting thought, a romantic notion, to weave stories into print. Chapbooks originated in the 19th century and were a collection of stories, poems and pamphlets, sold door to door among a variety of other things — pots, pans, potions, pills — by peddlars known as "chaps". However, the *Black Lake Chronicles*, over the course of three volumes, grew to two hundred pages — somewhat large for a chapbook. But the romantic notion of a chapbook still lingers. *Volume One* will take you from an Ontario farmstead with a charging cow, to unexplained forces that foretold a tragedy. Compassion for a stranded black-leather mama-biker and a prize winning story, *Letter to Sylvia*, are featured in *Volume 2*. A child's despair from bullying, a twist in the outcome of a Peeping Tom story, and the Black Lake whodunnit series will all keep you guessing — these, along with the prize-winning story *Searching for Father*, can be found in *Volume 3*. This is just a sampling of the many stories that were authored by this group of eight writers: The Ottawa Story Spinners.

Black Lake Chronicles Volumes 1, 2 and 3 can be purchased at The Arnprior Book Shop. For other locations, contact Susan at <sjennings@sympatico.ca>. — Susan A Jennings is the founder and coordinator of The Ottawa Story Spinners



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Just an Ordinary Sunday...

The ashes had remained on my desk in the living room since December. Anniversaries and birthdays had come and gone, but still I couldn't bring myself to even touch the box in the green velvet bag.

"Wait until the time is right," everyone said.

It was a Sunday in August. As I sat on my deck eating breakfast and reading the paper, I noticed the incredible blueness of the sky. It was spectacular. Suddenly I remembered Mother exclaiming how blue the sky was when she could see clearly again after cataract surgery. The time was right.

I didn't finish breakfast. I grabbed flowers from the garden. I took the green velvet bag and, with dog Charlie in tow, I got in the car and went to Arnprior, where my parents had met over 65 years ago. The winding path by the Madawaska was deserted. I picked grape vines and fashioned a basket. Into the basket I placed the flowers. The river was shallow so I had to wade out quite far to reach the current. Charlie sat on the river bank. He cannot swim and doesn't like water. I waded out further and emptied the ashes into the basket amongst the flowers. Just at that moment, the Anglican Church bells rang out for the Sunday morning service. Everything was perfect and I began to say my last goodbye to my parents.

As I was about to release the basket, I caught a brief glimpse of Charlie. He was coming towards me, eyes bulging and anxious, but swimming his little heart out. As he reached me, he spotted the floating basket. It must have looked like solid ground. He took a huge leap and landed right on top, scattering the ashes and flowers while the vine basket gently sank to the river bottom. I yelled "Charlie, what the f#\$% did you do?!" I looked at the flowers floating away, the ash scattered. I had said the F-word at my parents' memorial and there was no basket gently floating away down the Madawaska.

Charlie gave me such a look, turned around and struggled back to shore. There he sat, soaking and sad. I waded back to shore.

And as I did so, I recalled what they say about "dog" spelled backwards being "god". Well, it seemed to me that my little dog had overcome his fears to paddle out to me with a message. "That other life is over. Let it go. Now is our time so let's just get on with it." I reached my soggy, sad little friend and we sat on the river bank under a beautiful blue sky... and I laughed and cried and Charlie licked my ear.

It was a perfect memorial.
— Anne Mason

Rita MacNeil — Canada's Songstress

From the heart of Cape Breton and right into yours comes a spectacular yet homey musical presentation featuring internationally-known songstress, Rita MacNeil. The Perth Performing Arts Committee is proud and excited to present Rita MacNeil on Friday, December 7 at 7PM at PDCI in Perth.

Rita will be presenting her *Home for Christmas* show. Rita's Christmas tours are synonymous with the seasonal holiday and her Christmas releases continue to be amongst her best sellers.



Catch Rita MacNeil in concert in Perth — a holiday treat on December 7

Rita MacNeil is a Canadian country and folk singer from the community of Big Pond on Nova Scotia's Cape Breton Island. She first performed on stage in 1971, and recorded her first album, *Born a Woman*, in 1975. She performed at folk festivals throughout the 1970s and 1980s, culminating in her major label debut and pop breakthrough in 1987.

Her biggest hit, *Flying On Your Own*, was a crossover Top 40 hit in 1987 and was covered by Anne Murray the following year. She has had hits on the country charts throughout her career. In the United Kingdom, MacNeil's song *Working Man* was a No. 11 hit in 1990.

In 1990, she was the bestselling country artist in Canada, outselling even Garth Brooks and Clint Black. She is also the only female singer ever to have three separate albums chart in the same year in Australia.

Rita has won three Junos, four Canadian Country Music Awards and seven East Coast Music Awards in the '80s and '90s.

MacNeil hosted a CBC Television variety show, *Rita and Friends*, from 1994 to 1997, which won a Gemini Award in 1996. She was made a Member of the Order of Canada in 1992 and was awarded the Order of Nova Scotia in 2005.

Tickets are available from Tickets Please in Perth, by phone at 485-6434, or online at <ticketsplease.ca>.



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Stirring the Pot

Exploring Opportunities in the Local Food Sector

EcoPerth and Valley Heartland would like to invite farmers, food processors, buyers and distributors — anyone interested in (re) building our local food economy — to a meet and greet on Monday, November 12 from 9:30AM to 2PM.

Participants will have the opportunity to hear from others who have made some inroads in the areas of beef co-ops, institutional purchasing, scaled-up fruit and vegetables, organic dairy production, etc. There will also be time to network with others who share your ideas in an interactive discussion, and to take part in conversations about how this area can best make use of the opportunities that could result from a Provincial Local Food Act or a Regional Food Charter.

This workshop has no charge, and lunch and snacks are provided, but please pre-register by calling 268-2907 or emailing <info@ecoperth.on.ca>. It will take place in Blacks Corners, Beckwith Township. Organizers would like to thank Lanark Local Flavour, Valley Heartland and AMI (Agricultural Management Institute) for their support of this initiative.



Beckwith Township Christmas Craft Show

Saturday, November 24th from 10AM—3PM

Beckwith Public School Gym

Over 40 Exhibitors — Shop 'til you Drop!
Lunch Counter & Café by Ashton United Church

Cash Donations will be Collected for the Lanark County Food Bank
More Information: 613-435-8929



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Nov. 15 (6:30-8PM) or Nov. 18 (10AM-noon)
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Saluting the Military

As its annual November salute to our military, the North Lanark Historical Society will be holding a presentation on the history of the 42nd Lanark & Scottish Regiment on Sunday, November 4, starting at 2PM at the North Lanark Regional Museum in Appleton. All are welcome to attend.

The presentation will be made by Carleton Place resident Ross Bounsall, retired Lt. Col. with the regiment. The museum will be also launching its military display dedicated to the men of the area who served in the Regiment over the year.

The 42nd Brockville Infantry Battalion was established in 1866 during the Fenian Raids, and included men from Lanark County communities. In 1897 they were renamed the 42nd Lanark & Renfrew Battalion and headquartered in Perth. During the First World War, it formed the 130th and 240th



Almonte Company of 42nd Regiment, 1914. These men were among the first to enlist for World War I, and only half of them survived.

Overseas Battalions, and served actively again as the Lanark & Renfrew Scottish Regiment during World War II. In more recent times, men of the regiment have served in Afghanistan.

The museum displays will be open during weekends in November or by appointment. For more information, contact the museum at 257-8503 or email <appleton-museum@hotmail.com>.

The Town Singers: From Kitchen to Auditorium

In four years, The Town Singers community choir has changed from a group of ten in a kitchen, to an ensemble of 70 practicing at St. Andrew's Church in Carleton Place. Members range in age from high school students to retired folk. They hail from Almonte, Smiths Falls, Carleton Place, Stittsville and Ottawa. What they have in common is a love of music and singing. They come to sing, but stay because of the outstanding musical director, Kristine MacLaren, and the fabulous pianist/arranger, Peter Brown.

Kristine is an energetic and engaging choir director. She demands hard work but breaks out her humorous side many times during a practice. Peter Brown is an accomplished pianist in his own right, but there is a special skill set required to be able to accompany a choir and work through the unglamorous repetition in order for them to learn a song.



The Town Singers, now 70 voices strong, will present their holiday concert on December 11 in Carleton Place

Their concerts have had a wide variety of themes — Canada, '50s and '60s, Great Britain, international songs, and more. They have sung in French, Welsh and Swahili (not all at the same time). The theme for their upcoming December concert is Peace and Joy. It is a concert of non-traditional Christmas music that includes John Lennon's *Imagine*, Bette Midler's Christmas version of *From a Distance*, and Puccini's *Gloria*. There will be a small choir of children, aged 6 to 12, to accompany the choir for two songs.

Come prepared for a Christmas sing-along at the end of the concert. If you are interested in joining The Town Singers for the February-June session, contact <ivydraper@hotmail.com>. The theme will be jazz.

Their next concert takes place on Tuesday, December 11 at 7PM at St. Andrew's Presbyterian Church in Carleton Place. Tickets are only \$10 and often sell out before concert night, so buy early to avoid disappointment. They are available from any choir member, Collins Barrow, 52 Lansdowne Ave. in Carleton Place, or from Nick at 257-4100.



(l-r) Peter Brown (pianist and arranger), Richard Church (president), and Kristine MacLaren (director).

Songs of Days Gone By

As we pause to remember the sacrifices made by our veterans, it seems appropriate to take some time to share some of the different roles that music has played during wartime. It is a fascinating topic, and one that could easily fill an entire issue of *theHumm* without too much trouble.

by Tony Stuart

The military has a long tradition of music, especially in the form of marches. While many people think of marches as concert music, their original purpose was to facilitate troop movement. It was quickly discovered that having troops march to music made things a lot easier when time was limited. Marches also helped stir up patriotic pride and build morale. In our military, each regiment has its own unique march, and as a former musician with the Canadian Forces, I can vividly recall veterans who brimmed with pride, while at the same time reliving memories of comrades and battles fought, when they heard their regimental marches being performed. Interestingly, many older veterans who have succumbed to Alzheimer's disease or dementia are still able to recognize these marches when they hear them, even though they may not recognize members of their own families.

For me, one of the most poignant symbols of Remembrance Day is the playing of *The Last Post* and the *Reveille* by a bugler. A bugle is very similar to a trumpet, but has no valves, so that the bugler needs to pitch everything by ear. I try to encourage my trumpet players at school to learn to play these two pieces, as it is an important way for us to remember. I don't think I'll ever stop being moved by the sight and sound of that lone bugler lamenting the dead.

Military musicians played an important role during both world wars by using their talents to

boost morale. For exhausted soldiers, being able to escape from the ravages of war, even for a few hours, was a blessing. Today, both military and civilian musicians still embark on tours to visit troops in conflict zones around the world. Some amazing songs have been written during wartime. Whenever I hear a song like *White Cliffs of Dover*, I can't help but marvel at the sacrifices people were forced to make, and the fact that they were still able to be optimistic in the face of these horrors.

While researching for this column, I wanted to learn more about music in the concentration camps during World War II. I came across an excellent resource: <holocaustmusic.org>. Titled *Music and The Holocaust*, this site is full of stories and recol-

The music could save you: if not your life, then at least the day. The images that I saw every day were impossible to live with, and yet we held on. We played music to them, for our basic survival. We made music in hell.

lections of the role that music played during this terrible time.

Prisoners in these camps who were musicians were often forced to perform for the officers and guards, and also whenever guests visited. I remember a story that I read years ago about an orchestra that was formed at one of the camps. The conductor of this orchestra, a prisoner herself, worked her musicians to exhaustion. It later became clear that by keeping her orchestra busy and playing at a high level, she was able to ensure that these people kept their lives. I can't find any further information on this, but if one of our readers knows more, please let me know, and I will tell the story in more detail in a future column. The following quote, from a prisoner musician named Coco Schumann, sums it up: "The music could save you: if not your life, then at least the day. The images that I saw every day were impossible to live with, and

yet we held on. We played music to them, for our basic survival. We made music in hell."

Another aspect of music in the camps was the performing groups who came together in secret. In 1997, the *Los Angeles Times* featured a moving story about Viennese conductor Herbert Zipper, who survived Dachau and Buchenwald and ended up teaching and conducting in the United States. Zipper organized a secret orchestra made up of musicians from Vienna and Munich, which met, rehearsed and performed in an unused latrine. This orchestra risked their lives to perform for fellow prisoners, in an effort to help bolster their spirits. During this time, he also wrote a resistance song called *Dachau Song*,

which ended up making its way to many different camps. This is yet another example of how music cannot be contained by walls, fences or borders. Zipper's orchestra had to build instruments by carving them out of wood, and were fortunate enough to have a sympathetic guard provide them with metal strings. In Zipper's own words, "I realized in Dachau that the arts in general have the power to keep you not just alive, but to make your life meaningful even under the most dreadful circumstances."

As you stand at attention on November 11, and listen to the bugler's lament, please take a few moments to remember the many sacrifices that brave men and women had to make. Lest we forget.

— Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, Ontario, and a freelance professional musician.

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Humm Bits

Stuff a Cruiser with Snowsuits at RONA

Remember when you were a kid, and your parents made you put on last year's snowsuit... but you'd grown over the summer, so your wrists and ankles kinda stuck out... which is where the icy snow would cake during fort-making? And maybe your bum was nearly worn through from all those times you slid off of your sled? "Time for a new snowsuit," your parents would sigh.

Help parents keep their growing kids toasty warm this winter by participating in the 3rd annual "Stuff a Police Cruiser with Snowsuits" event on Saturday, November 17, from 10AM to 2PM. Bring new or gently used snowsuits to the RONA parking lot in Carleton Place (535 McNeely Avenue) and make some kids happy this winter.

This event is in conjunction with the Lanark County Snowsuit Campaign of Family & Children's Services. Cash donations are also accepted, and donors who give \$20 or more will receive a tax receipt.

Kids' Christmas Fair

The Ottawa Waldorf School Christmas Fair is a magical event loved by the children who attend every year. Activities include a puppet play, a Cookie Cavern, a store filled with small handmade treasures for the little ones to buy, crafts, and many other surprises. A delicious lunch, prepared by Waldorf parents, will be served in their café. Vendors of all kinds will be available to help with Christmas shopping.

Come and discover the Ottawa Waldorf Christmas Fair, November 25 from 10AM to 3PM — you will not be disappointed. The school is located at 1 Goulbourn Street in Stittsville. For more information, call 836-1547 or see <ottawawaldorf.ca>.

Perth Writers Guild

The Perth Writers Guild is a small group of writers, of any genre or experience, who want to improve their writing and share information and skills. They meet in Perth, once a month on a Thursday evening, from 7 to 9PM.

They are looking for new members, male or female, any adult age. They critique — give positive feedback to — each other's work, which is then further worked upon. For details, call 267-4662.

It's 'Glee' Time!

Everyone has a little 'Glee' in them. Whether you tap your toes to the sound of a catchy tune or blare the music and dance wildly in your bedroom, everyone can dance! Whether you sing in the privacy of your shower or jump up enthusiastically on Karaoke evenings, everyone can sing! As children it is as natural as breathing. However not everyone feels confident enough to show the world what they can do. We worry about what other people think and thus thwart our own creativity. So how do we overcome these obstacles before we start believing our own inner dialogue that states, "I can't dance. I can't sing." Because let's face it — we want to dance, we want to sing!

Be Your Best is offering several Glee workshops, in Almonte and Carleton Place, with no experience necessary. **Mother & Daughter Glee** (Saturday, November 10) is a bonding, confidence-building experience you will never forget. **Ladies-Only Glee**, on Saturday, November 17 or 24, is your chance to try something new or rekindle your love of song and dance, while leaving the kids and stress at home.

Coming soon: Family Glee, Boys Only, Sisters, and BFFs Glee workshops. To register, contact Jennifer Laale at 256-8228. Find more information at <beyourbest.ca>.

Ukulele Klub!

On Monday Nights from 7:30 to 8:30PM, join The Ukuleans for a happy hour of ukulele jammin' at Mississippi Mills Musicworks. Led by ringleader George Turcotte, this group of uke enthusiasts shells out popular tunes by many great artists including The Beatles, The Doors, Elvis Presley and Led Zep, plus some fun, familiar TV and movie themes, and even the odd original. Participants are also invited to bring tunes to teach the group, or just sit back and pluck along with our ever-growing repertoire.

All levels are welcome! Membership is on a monthly basis. For more information, contact Kat Stevens at 256-PLAY, but be forewarned! Once bitten by the Uke Bug, you'll never be the same!

A Cure for Bieber Fever?

Maybe it's Time for Some Rehab...

Folkus, Almonte's long-running roots music series, is gearing up for another great season of acoustic music. Once again, they are showcasing tremendous Canadian talent in Almonte's own acoustic gem, the Old Town Hall auditorium.

Their 2012/13 season opens November 24 with a twang — that is, **New Country Rehab**. Folkus regulars will recall frontman John Showman's appearances with both the Creaking Tree String Quartet and the Foggy Hogtown Boys. Newcomers to the series should know they're in for a musical treat. Fiddle-heads across the Ottawa Valley will rejoice at the beauty of Showman's fiddle playing.

Let's be clear — New Country Rehab is more than a fiddle show, nor is it all about the frontman. While Showman also provides lead vocals, he is joined by musicians who are well known and worth seeing in their own right. The band members are all respected session musicians in the Toronto scene, having worked with acts as diverse as Amy Millan, Basia Bulat and Justin Rutledge, among others. As CBC Radio's Tom Power puts it, "New Country Rehab are the guys everyone wants in their band, in a band."

So who are these great session guys? Are they a who's who of bluegrass? Well, not exactly. Some have roots in punk and musical parody. But they form a tight unit, and bring out the best in each other.

"Champagne" James Robertson plays guitar and the occasional banjo. Robertson is also known for his work with Runs with Kittens and Elvis Bossa Nova — the best word for him may be "flexible".

Roman Tome is on drums, percussion and backing vocals. Well known for his use of unusual materials for percussion (saw blades, bicycle parts, filing cabinets), NCR is an odd outing for Tome in that it includes an actual drum kit.

Ben Whiteley anchors the band on double bass, providing the beating heart of the music. (Yes, he's one of *those* Whiteleys, but apparently he doesn't let it define him — for years, he told people he played baseball.)

New Country Rehab isn't a slick band, however high-powered — the band was born in a kitchen, and the warmth of a kitchen project still comes through. Indeed, the band consciously focuses on reclaiming the soulful energy of old-time music, eschewing the big hair and slick machine of the Nashville scene. They offer the best kind of musical synergy — they are greater than the sum of their parts. Together, they can veer from an all-acoustic wall of sound familiar to fans of Mumford and Sons, to the aching tenderness of an old-timey ballad. New Country Rehab's powerful music is full of love, loss, longing and joy.



John Showman's **New Country Rehab** kicks off this year's Folkus Concert Series in Almonte on November 24

The show opener is local bluegrass act, **Huntley Slim**, who featured at the Folkus pre-season listening party. Those who attended know that they're in for a good time — and the rest of you will know soon enough. Huntley Slim and the Suburban Cowboys, taking their name from the area near Carp, pay tribute to masters like the two Hanks (Williams and Snow), but all three members contribute to the original numbers. With acoustic guitar, bass and banjo, their stripped-down sound and energy are sure to bring you joy.

As always, doors open at 7:30PM and show time is 8PM. Refreshments and merchandise will be available; debit will not. Details and tickets are available at Mill Street Books in Almonte and at <folkusalmonte.ca>. Season passes (\$88) are still available, and remain a good deal! Singles are \$27 in advance or at the door.

— Sandy Irvine

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Wildrose Country Homestead

How many of you are living out your dreams right now? More often than not it seems to be the case that dreams remain locked in their “proper places” — our imaginations — and are never given a chance to be realized. Well, Anita Dworschak has more or less thumbed her nose at that (or any) trend since her kindergarten years and has built her life according to the “callings” she has felt drawn by.

by Susie Osler

She is no ordinary woman. At 49 she has a 150-acre homestead in a remote part of the Lanark Highlands where she keeps a flock of Nubian and Alpine goats, for milk and meat, that is watched over by her Pyrenees flock guard dog Misty. She also raises a couple of pigs (that are fed goat milk all summer), some Muscovy ducks, several cats, and fish. She can hunt, raise and butcher her animals, grow and preserve food (when goats don't get to it first), spin fleece, make cheese, turn goat milk into bars of soap, host a constant stream of WWOOFers (World Wide Opportunities on Organic Farms — two from Germany are pictured at right), and, oh yeah... drive big trucks... as in 18-wheelers!

Born to parents of German descent, Anita grew up in Orleans at a time when chickens and fields were still part of the landscape. She shared a passion for self-sufficiency and the wilderness with her late father — an avid hunter who'd lived on a dairy farm in Germany before immigrating to Canada. Anita also loved trucks and, at the tender age of 21, moved to Toronto to get a job driving a big rig. She went on to spend nine years as a long-haul driver — one of the people who log thousands of miles crisscrossing the continent delivering... everything. She loved it and says the trucking community was like a big family. In fact, she still drives part-time, on shorter routes, to supplement the income she derives from her homestead.

Long-haul driving and homesteading may not at first seem much related, but it got me to thinking that both would demand a streak of independence,



Photo by K. McKay

a love of the outdoors and open spaces, a contentment to reside in one's own company, a taste for challenges, a hunger for “the frontier”, and likely a certain amount of fearlessness and drive to boot (no pun intended).

In 1998, as she was looking to satisfy her hankering to homestead, Anita found “just the right place.” Wildrose Country Homestead, located at the end of a gravel road and nestled amid small fields and forest, is where she has called home ever since.

Among the many essential skills she has learned in the ensuing years is soap making. She was taught this from a mentor/friend of hers who also homesteads (with twelve children, no less!). Wildrose Country Homestead Soaps are now sold through at least fifteen small and large retail outlets around the county (see the website for a list), as well as at the Carp Farmers' Market. Anita is now hoping to scale-up her business to the point where she can make a living from soap alone. (Perhaps a good investment opportunity for someone?!)



Photo by K. McKay

Though only three main ingredients are needed to make soap — fat, liquid and lye — commercial soaps are usually laden with a litany of other less desirable ingredients — chemicals that are sucked into our bodies through our skin. In fact, 60% of what we put on our skin gets absorbed. One might want to reconsider what we deem “acceptable” to slather our skins with...

On the other hand, Anita uses 100% whole, fresh goat milk in her batches, plus a few select top quality ingredients. Goat milk has many attributes. It is a natural emollient that soothes and moisturizes the skin, is said to have anti-inflammatory properties, and is a natural exfoliant. It also contains vitamins A, B12, B6 and E. For anyone, especially those with sensitive skin, goat milk soap is the way to go.

Anita's creative streak shines through with some of her soaps. From the beautiful Lanark Marble bars that combine calcium carbonate from the nearby Tatlock Mine and mineral powders (red iron and indigo) that create a faux marble appearance, to the edible-looking Chocolate Raspberry soap bar, there are varieties for purists and scent-sensualists alike.

And in case anyone wants to learn the art of soap making, Anita holds three-hour sessions to teach you the ins and outs of this ancient skill (the next ones will be held in Almonte on November 4 and 11).

Homesteading is not a cake-walk, but challenges that would crush many are what keep Anita engaged in her life and give it purpose, satisfaction and joy. She, for one, is living her dream with all of its adventures, right now.

Wildrose Country Homestead



Anita Dworschak

Who They Are

Anita Dworschak (centre)
345 Concession 9 Darling, RR2 Clayton, ON K0A 1P0
256-5011
<goats.n.soaps@gmail.com> <wildrosecountryhomestead.com>

What They Offer

handcrafted pure goat milk soaps, lip balms and other toiletry items, goat meat (by piece or whole), custom gift baskets, farm stay/cabin rental, soap making workshops (the next two are on November 4 and 11)

Where They Sell

Carp Farmers' Market (Christmas markets Nov. 30 and Dec. 1).
Farm gate sales. Many retail locations in the area — see website for complete list.

Feta Goat Burgers with Mint

Burgers:

500g minced goat meat
2 cloves garlic, crushed
1 Tbsp. dried mint
2 Tbsp. chopped green onions, chives or onion
1/4 tsp. each of salt and pepper
olive oil

Lemon Mayo:

6 Tbsp. mayonnaise
1/2 tsp. lemon juice
1/2 tsp. cayenne (or to taste)

baguette, lettuce, tomato, feta cheese

Mix together in a bowl: the ground meat, crushed garlic, mint, green onions (or chives or onions) and salt and pepper.

Make patties. Heat frying pan and add a little olive oil. Add patties and cook until done. While they're cooking, mix together the ingredients for the lemon-garlic mayo. Set aside. Cut baguette to fit the size of the meat patties. Slice baguette pieces in half lengthwise. Spread the lemon-garlic mayo on baguette, place burger on top, add lettuce, tomato and feta cheese and dig in. But don't forget to wash your hands with lovely goat milk soap first!

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Healthy Body Time

Circle Monday, November 19, on your calendar as the date to attend the public meeting of Canadian Federation of University Women Perth and District (CFUW), dedicated to women's health and the importance of taking care of our bodies. The meeting is at the Perth Legion, 26 Beckwith Street E. at 6:30PM.

Speakers for the night are Avis Brownlee and Alize Abele. Avis Brownlee is a prominent Perth businesswoman, co-owner of Brownlee's Metro (and the first female retailer in the Loeb grocery chain), as well as a loyal supporter of local charities. This past year she has become part owner of the Best Western Plus Perth Parkside Inn and Spa,

and she will be describing the spa services and how they can impact women's health.

Alize Abele's professional training is in ballet and elementary school teaching. After a ballet career that took her to Europe, the USA and the National Ballet of Canada, she taught in New York City, then moved to this area where she now teaches Ballet and Bellyfit at the Perth School of Dance, as well as at Tania's Dance Studio in Carleton Place. She will highlight some key benefits of physical activity from a dance/fitness perspective, demonstrating safe, easy-to-use exercises that can be modified to suit the needs of all women.

ABC Cooking Workshops

The Ranch Retreat is sponsoring some Healthy Cooking workshops as a fundraiser for the Althorpe Bolingbroke Community (ABC) Hall. The inspiration behind the recipes is the GenoType Diet (eating right for your blood type). Blood type diets are renowned for improving one's health and wellbeing, reducing disease and eliminating fatigue. Curious? You can read more about this at genotypediet.com.

At the workshops, you will be presented with taste-friendly ideas featuring dairy-free, gluten-free and nightshade-free foods. There will be taste samplings throughout the morning.

Workshops are at the ABC Hall, 3166 Bolingbroke Road (ten minutes south of Maberly, ten minutes north of Westport), from 9:30AM to 12PM, and cost \$30 each (one third of that is for the ingredients). The featured chef is Judi Walden, holistic health care therapist and medical intuitive from the The Ranch Retreat theranchretreat.ca.

November 3 will feature Healthy Lunches and Snack Ideas, and December 1 focuses on Healthy Christmas Ideas. To register, contact Freda Russell at 273-2571, and for further information on the classes contact Judi Walden at 273-7646 or theranch@rideau.net.

Prelude to Christmas Concert for REAL

The **Central Band of the Canadian Forces** will be doing their part for the environment by performing their 13th benefit concert for the Rideau Environmental Action League (REAL) on Wednesday, December 5. *Prelude to Christmas* will take place in the cafetorium of the Smiths Falls District Collegiate Institute beginning at 7PM.

This musical evening is a highlight of the Christmas season, and brings world class entertainment right to Smiths Falls. "Each and every year, I have thoroughly enjoyed it... Hearing a big brass band really is special. It warms the heart and make you proud to be Canadian," commented one concert enthusiast.

The Central Band of the Canadian Forces is one of six full-time military bands in Canada. Based in Ottawa, the Central Band takes their stirring performances to concerts, parades and festivals around the world, acting as musical ambassadors for Canada.

"We are delighted that the band has included us in their concert schedule. Their performances are truly impressive, and include something for all ages," commented Barb Hicks, REAL President.

Conducted by Captain Peter Archibald, Commanding Officer and Director of Music, the concert includes a diverse selection of seasonal favourites, vocalists and soloists, and frequently includes a tribute to veterans, as well as guest bagpipers. Local Jack FM radio personality Wayne Cavanaugh


will be the master of ceremonies and will bring his unique brand of commentary to the evening.

Concert goers may purchase a raffle ticket for a photo of a well-known Smiths Falls landmark. Simon Lunn, a local naturalist, photographer and REAL member, has contributed a captivating photo of the Northern Lights over the Bascule Bridge. Also included in the raffle is a chance to win a House Wine Kit donated by The Rideau Winery. Door prizes will be awarded as well.

This musical evening is the year's major fundraiser for REAL, a local, non-profit environmental organization serving Lanark, Leeds and Grenville. "Residents want to make an environmental difference, and we try to give them the information and opportunities to take action locally," Hicks explained. Their projects include the ecoENERGY home retrofit, the Well Aware program, Evergreen Avenue, Pitch In Smiths Falls, and workshops, to name a few. REAL also operates the REAL Deal Reuse Store in Smiths Falls, where they sell gently used household and renovation materials that might otherwise end up in landfills.

Tickets for the concert are \$10 and are available in Smiths Falls at the Kiosk in County Fair Mall, Modern Thymes, and The REAL DEAL store, and at the Perth branch of The Royal Canadian Legion. For more information, please call 283-9819 or see REALaction.ca.

Art at the



Openings:

November 2 **Jennifer Noxon**
 December 7 **Amelia Ah You**

Chandler Swain **Maria Gomez**

Riverside B&B,
 Blakeney, Ontario
www.the-rowboat.ca

Pictures of Pakenham



Pakenham is often described as being "as pretty as a picture". The historic bridge spanning the Mississippi River has been the subject of innumerable photographs over the decades. Old stone, brick and frame homes and businesses, depicting several styles of architecture... old mills, factories and schoolhouses which no longer survive and strong churches which do... streetscapes and groups of school children... All have been captured on film for more than one hundred years.

Over 150 of these images have been collected and compiled onto a disc and have been made available by a generous anonymous donor to St. Andrew's United Church. Picture perfect, indeed! An insert identifies several of the individuals. Treat yourself to a walk down memory lane. Local history buffs will appreciate this collection and it will also make a great gift for family and friends who have moved away from the area. CDs are available for \$12 at Pakenham General Store and Nicholsons' Sundries or by calling Margie Argue at 623-3823.

Classical Concert Trumpets Return of Almonte Native

After studying and freelancing in Montreal, Quebec City and Toronto, Almonte native Christa Lowry has returned to the area and will be presenting a recital at St Andrew's Presbyterian Church in Carleton Place. The concert will feature Christa on trumpet, soprano Devon Wastle Thivierge, and organist Jennifer Loveless.

Devon Wastle Thivierge is an accomplished soprano who has worked with the Studio de Musique Ancienne de Montréal (SMAM), Thirteen Strings, Les Boréades and L'Orchestre Symphonique de Montréal. She has been a ten-year member of the elite La Chapelle de Québec, which has performed across North America, notably at Carnegie Hall, the Lincoln Center and the Walt Disney Concert Hall. Devon's discography includes works with SMAM, Les Boréades, Cirque du Soleil, and the Juno award-winning recording of Mozart's Requiem with Les Violons du Roy.

Jennifer Loveless is an organist, pianist, collaborative artist, teacher and vocal coach. In 2006, she was appointed organist at Notre Dame Cathedral Basilica in Ottawa. As a soloist and collaborative artist, Jennifer has performed across Canada, and much of Europe. She has

been broadcast on CBC Radio, Espace Musique, and on CTV and CBC Television. She has appeared at the Roy Thomson Hall in Toronto, "Pro Organo" and the festival "Music and Beyond" in Ottawa, and the festival "Orgue et Couleurs" in Montreal.

Christa Lowry is a sought-after performer, teacher and clinician, working in English and French. Performing on both modern and baroque trumpets, she has performed with symphonies in Ottawa, Gatineau, Kingston and Québec City, as well as various ensembles throughout the Greater Toronto Area.

As a chamber and orchestral musician, she has performed across Canada, France, Belgium, the Netherlands and Germany. Christa was a founding member of the Toronto Brass Quintet and is launching her next project, Ovation Music.

The recital will be held on Friday, November 16 at 7:30PM at St Andrew's Presbyterian Church, 39 Bridge Street in Carleton Place, and is part of the church's 125th anniversary celebrations.

Tickets are \$20 for adults, \$10 for students from Mississippi Mills Musicworks in Almonte, Remembrance Gift Shop in Carleton Place, and at the door. For more information, please contact <christa@ovationmusic.ca>.



Almonte native Christa Lowry returns to the area to play a classical concert on November 16



Carp Farmers' Christmas Market

Friday, November 30, 3PM - 8PM
Saturday, December 1, 8AM - 2PM

Carp Fairgrounds

Local Christmas Shopping with Real Local Producers

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Wheelchair Accessible

Info: 613-786-1010 and
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- ❄️ **Donations accepted for the West Carleton Food Bank**

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The Art of Festivals



Photo by Cheryl Baxter

A Pakenham Country Christmas

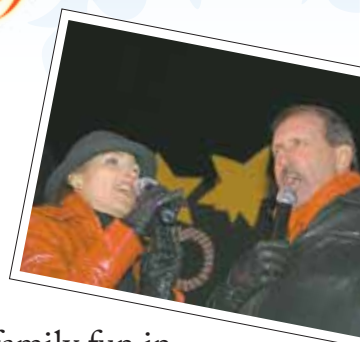
December 1, 2012, 10am-5pm
Pakenham

Get out of the malls and visit our quaint village to experience the true spirit of Christmas. Start the day off with breakfast with Santa, then head down the street for Christmas baking, pony rides, festive carols, and the opportunity to pick up unique gifts for everyone on your list.

Light Up the Night

December 7, 2012
Almonte

Join the crowd of several thousand people sharing the holiday spirit, while Wayne Rostad and friends entertain you on Mill Street in the heart of downtown Almonte. Fine, family fun in our friendly town. lightupthenightalmonte.com



SANTA CLAUS PARADE & CELEBRATIONS

December 8, 2012, 1pm
Pakenham

Parade of Lights

December 9, 2012, 5pm
Almonte

FREE skating, hot dogs, hot chocolate and visits with Santa!



Pakenham Frost Festival

January 23-27, 2013
Pakenham

Six days of Winter fun with many events for all to enjoy! Dress warmly and bring the whole family — there's something for all ages.

www.mississippimills.ca



Kintail Country Christmas

December 15, 2012
10am-4pm
Mill of Kintail

Visit the Mill of Kintail Conservation Area for music, crafts, stories, refreshments, Father Christmas and more! Call 613-256-3610 x 2 for details. www.millofkintail.com



March 23 & 24, 2013
Pakenham area

Join us for this self-guided tour to celebrate Spring and enjoy the creativity of local artists. You'll find tasty lunches along the route and Fulton's Maple Shoppe too. www.maplerun.on.ca



For more information, please contact Tiffany MacLaren at tmaclaren@mississippimills.ca or visit www.mississippimills.ca

It's a "Don't Miss a Minute" Month!

WARNING!! If you want to find out what's happening in Mississippi Mills during the upcoming month, get your Humm as soon as the month starts, so you don't miss a single thing! Or, you could even go, on the last day of the month, to <thehummm.com> to see all the new events before the paper even hits the street!

Take **Celebrate the Goddess Hair and Fashion Show** at the Mississippi Valley Textile Museum for example. It's happening on the very *first* day of this month — Thursday, November 1. See what I mean?

by Miss Mills, Puppet Reporter

If you hadn't picked up *theHumm* the minute it hit the street, you might have missed that and, if you're a Goddess like me, you know how important it is to stay up-to-date on what to wear and how to look fabulous. You also know that when Lilly White of The White Lilly clothing store, and Louise Beaulieu, owner of Saje Wisdom Salon and Spa, throw a fundraiser together — you simply have to be there.

Same thing with **Rosemary Leach's** Open Studio Exhibition vernissage on Friday, November 2, from 2 to 7PM. That's only the *second* day of the month, and when Rosemary shows off her latest paintings in her home at 255 William Street in Almonte — you don't want to miss that either — even though you have Saturday and Sunday, November 3 and 4, from 10AM to 4PM, as a fallback. Similarly, on that same first weekend, **Jennifer Noxon** introduces her recent paintings alongside **Chandler Swain's** new ceramics in the Art at the Rowboat gallery of the Riverside B&B in Blakeney.

And here's a reminder of two super "early bird" events in November that are happening on that same weekend: the **Christmas in the Valley Artisan Show** upstairs at the Almonte Community Centre and the **Handmade Harvest** craft show in the Almonte Old Town Hall. If you're looking for handmade Christmas presents, from elegant to groovy to delicious, these two awesome craft shows are definitely where you'll find something truly funky and original. Afterwards, I suggest you take a stroll down Mill Street to check out the great seasonal stuff in the shops on Almonte's main drag. Keep your eye open for some unusual **Christmas ornaments** which local entrepreneur Emily Arbour has created from Almonte's old Christmas décor. The proceeds from the ornaments will go towards purchasing

new bling to make our community beautiful for the yuletide holidays.

Another community-related gift, on the shelves of local shops in time for Christmas, is the **TYPS Community Cookbook**. Full of yummy recipes submitted by local businesses, organizations and supporters, this \$15 cookbook is a fundraising initiative for the kids at the TYPS (Take Young People Seriously) Youth Centre. Right now, those same kids are busy taste-testing the recipes in their kitchen. If you happen to pass by their centre right next to the Barley Mow parking lot, the smells wafting from the windows will be the delicious aromas of over 175 tasty dishes. If you want to put your cookbook order in early, email Amica Hewitt at <amica.typs@gmail.com>.

A mid-month musical event that you can relax and plan for is the November 24 **Folkus** concert. First in the series of four concerts, New Country Rehab is a Toronto-based group destined to become "the next big thing in Canadian music", according to CBC Radio. This four-musician group offers an "alt-country" sound which I can only guess goes beyond traditional country music and is something new and exciting that's sure to make you vibrate in your seat. The Folkus concert series is now in its 12th year, and has rightfully earned a faithful following of "folkies" with its November to March series designed to take the chill off winter. The concerts are presented in the historic theatre of the Almonte Old Town Hall, where the acoustics are warm and wonderful. Tickets are available at Mill Street Books, 52 Mill Street in Almonte, or online at <folkusalmonte.ca>.

And, finally, here's a sneak peek into the month of December. On Friday, December 7, you do not want to miss the annual **Light Up the Night**, now in its 22nd year. Hosted by "Our Wayne" — Wayne Rostad — and CTV's Leanne Cusack, along with the delightful Twinkle Fairies, this winter's evening concert takes place outside in downtown Almonte. It's a great entertainment event for the whole family and the dog (though he may want to leave before the fireworks start). The musical headliner this year will be the young and hugely talented Jordan McIntosh from Carleton Place. Other familiar and well-loved musicians will perform and, believe it or not, there will even be a puppet or two. What can I say? It's Almonte! For me, the highlight of the show is always the finale, when you-know-who appears high up on the roof of the Victoria Mill building and the fireworks go off to the strains of the Hallelujah Chorus. It makes my curly blue hair stand straight up!



The friendly folks in downtown Almonte welcome you during the holiday season and throughout the year!

Starting on Light Up The Night night, you may even see some of the **Almonte Elves** on Mill Street... spreading joy and goodies and able to help you find the gifts you need (or recommend places to relax for a bit) while you wander and shop.

Then, if you haven't had enough of the old guy in the red suit, you can take in the **Santa Claus Parade in Pakenham** on Saturday, December 8, and the **Santa Claus Parade in Almonte** on Sunday, December 9. As usual at Christmas time, lots and lots of other events will take place in Mississippi Mills during December, and you know how you can find out about them. Remember? Get your Humm *right at the start* of the month starts so you don't miss a single thing!

Holiday Coffees are Back!



COFFEE ROASTERS INC.

Join us for our

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Friday Nov 30th from 6PM to 9PM

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We look forward to serving you!

**Carp Ridge
Natural Health Clinic**

Saturday, November 24th

Open House & Free Talk

"Depression and Addiction"
talk by Kealy Mann, N.D.

Next Mind-Body Healing Talk:
Tues., November 13, 7-8:30PM. \$20 at door.



PLEASE RSVP!
Call 613-839-1198

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just up the hill from where Thomas
Dolan intersects with Carp Road.

www.ecowellness.com



Perth's Festival of Good Cheer kicks off with a bonfire and fireworks on Nov. 22, and now includes a Girls Getaway Weekend

A Weekend of Good Cheer in Perth

The annual **Festival of Good Cheer** in Heritage Perth is a great chance for both visitors and Perth residents to embrace the Christmas spirit at this special time of year. In 2012, the festival is set to feature more good cheer than ever. New this year is a **Girls' Getaway Weekend!** On Friday, November 23 from 7 to 10PM, the new Perth Best Western Parkside Inn and Spa will host an evening of fun and excitement, including a fashion show, music, merchant displays, a silent auction, and delicious chocolate, cheese and wine supplied by a local restaurant. Organized primarily for the ladies, the evening will provide a chance for busy women to meet and greet and to sample some of the great food and merchandise available in town. Many merchants will be staying open late and offering Black Friday specials.

The next day, Saturday, will feature many activities available for the participants, including a morning run, free yoga class, exotic boudoir photos, a candlelight walk after dark, and special meal deals at many local restaurants. Saturday also features the Christmas Shopping Fair in the Crystal Palace, where downtown merchants will be offering their wares along with local crafters providing great food and baked goods, handmade products and local produce. For those who wish to start the weekend early, bring the family downtown on Thursday evening to the **Festival of Lights**, which will fill the night with ooohs and aaahs as a spectacular fireworks display follows a bonfire in the Tay Basin. The grand finale of the evening will be the lighting of the Community Christmas trees in the Crystal Palace — the official beginning of the most special time of the year. Perth's Festival of Good Cheer is an opportunity for visitors and locals alike to discover all that is special about this great town of ours. The weekend starts at 6PM on Thursday, November 22 in the Tay Basin with the bonfire and fireworks, followed by Friday evening activities at the Hotel, and Saturday's shopping fair in the Crystal Palace, starting at 10AM. For more details and ticket reservations for the Girls Getaway weekend, call the Perth BIA at 264-1190 and have an exciting weekend in beautiful, historic Perth.

Youth's Life Changed by Restorative Justice

(Due to the Youth Justice Act, the names of the participants have been altered to protect the identity of the youth in this article.)

There is a positive way to repair the harm resulting from crime.

"Mike" is the father of "Jane". What makes Jane's story so interesting is that she has been through the criminal justice system as a complainant (victim) and as an accused. Jane had been in conflict with the law on two occasions, and the victim of a crime on another. Jane grew up in a middle-class two-parent family. She had suffered an injury that altered her life significantly, and she began to act out and make poor decisions.

When Jane was first charged with a minor offence, her family went through the regular criminal justice system, says Mike — something they now regret. Jane felt that the court system did not allow her the opportunity to express her feelings and point of view, and was impersonal and difficult to understand. That said, she did accept their "justice". Mike reported being surprised that the judge did not want to give him the opportunity to say anything about his daughter's situation.

This is typical of the criminal justice system, says Joellen McHard, executive director of the Restorative Justice program. "It is not designed to create an open dialogue between the people who were most affected by the incident, including the accused. The criminal justice system is punitive in nature, while our approach is restorative. We are not about punishing people — we are about helping people repair the harm resulting from crime, and doing what needs to be done to make things right for all involved."

"Some people might think that these youth are 'getting off easy,'

but we have heard from participants time and time again that it is much harder to face your victim and hear about how you hurt them, than it is to let someone else do the talking for you in a court of law," explains McHard. People directly affected by an incident, and their supporters, come together in a community justice forum to discuss what happened, listen to what others have to say, and reach a decision about how to make things right. If a forum is successful, the result is a legally binding written agreement. It may include things like community service, participating in an addiction program, working to pay back the accused, or a financial donation. It almost always includes a genuine apology — delivered in person or in writing. In order to participate in a community justice forum, the accused must take responsibility for his or her actions.

Community Response

Not that much later, Jane was the victim of a crime that was diverted to the Lanark County Community Justice Program by the Crown Attorney. According to Mike, "Jane was at first very nervous about the forum as she didn't understand what might occur, but afterwards she expressed great support, since it gave her a chance to present and explain in some length and detail how she felt about the incidents. In the case where she was the victim, she wanted the others to understand how she felt about being 'set up' and attacked. In the other case, the discussion helped her appreciate how wrong her aggressive approach had been. Overall, in her words, the forum allowed her to 'confrontate' — which means lay out and understand the ramifications of the actions of those involved."

The forums are run by volunteer facilitators who guide the discussion and ensure that the process is respectful for all. The agreement resulting from the forum required Jane to write an essay on a topic relevant to the incident. From Mike's perspective, "the facilitators were terrific, and took a real interest in finding the right level of justice and in helping the parties understand the consequences of their actions." He adds that "assigning the essay was brilliant in that it made Jane work to understand the issues that contributed to her actions. It also gave an opportunity for her parents to become directly involved in her rehabilitation, so the family was put in a position to learn together."

When asked how Jane was doing now, Mike reported that "she has definitely turned a corner, and a good amount of the credit for that comes from this process. She was given a voice and was listened to — something very important to teens — but the facilitators provided a voice from the community, which was very important for her to appreciate, and has led to a better understanding of accountability. I would also say that she has matured, but that the Community Justice process contributed greatly to that maturing process, mainly because she was allowed to participate to a higher degree than the court system allows."

The Lanark County Community Justice Program is funded by the Ministry of the Attorney General, Lanark County United Way, the Ontario Trillium Foundation... and by donations!

McHard notes that they are always looking for new volunteers, and if someone is interested in learning more about the program and how they can help, they should call the office at 1-888-264-1558, or email <sheri@commjustice.org>.

The Great Almonte Library Book Sale!

We are doing it again! Our Book Sale this summer was such a success that we are planning another.

Saturday, November 17
10AM-2PM

All proceeds will go towards upgrading the accessibility of our library. We have received a grant from the Trillium Foundation and now we need to raise matching funds in order to complete this work.

So please support the library and come and enjoy some fantastic bargains. There will be a wonderful selection of reading for the coming winter evenings.



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Exploring The Medicine Wheel

I was excited to read Tim Yearington's book *That Native Thing — Exploring the Medicine Wheel* because I recently began training as a Shamanic assistant, and wanted to supplement my knowledge of the Medicine Wheel. I was not disappointed by the author's vast knowledge and experience. Tim Yearington shares his very personal journey

by Tracey Wyeth

as well as his strong belief in the power of the Medicine Wheel to heal us and bring all of our lives into balance.

That Native Thing almost appears to have been written by two different people. The first half of the book is a personal recounting of Tim Yearington's journey to discover his past, his history and his connection to his native roots. He is not shy to express his opinions and I appreciated his candidness, although in some places, his thoughts seemed a little disjointed and meandering. This can probably be said of anyone who has unearthed a myriad of pieces of his life and is now fitting them all together in a way that explains who he is and how he got there. He is offering us a glimpse of the man who is so eager to share his knowledge of the Medicine Wheel — which he truly believes can help all people. He unites the teachings of the Wheel with legends

he has gathered and with his own life experiences, presenting us with a unique view into the native way of living. He has given this quest for ancestral knowledge a very human face, so that we may all relate to it from our common struggles and yearning for meaning in our lives. Yearington is unwavering in his beliefs, and his vision is of a wonderful world in which we are all connected to each other and to our beloved mother earth — a world in which we are empowered through relationships with ancestors and future generations.

He uses the Medicine Wheel for guidance on this "earthwalk" or path of life that he has chosen. It contains medicine for what he believes are the four parts of the human being: emotional, physical, spiritual and mental. Because Yearington so honestly portrays his personal relationship to the Medicine Wheel, we are able to approach the technical aspects of its teachings with some foreknowledge of how it can be applied.

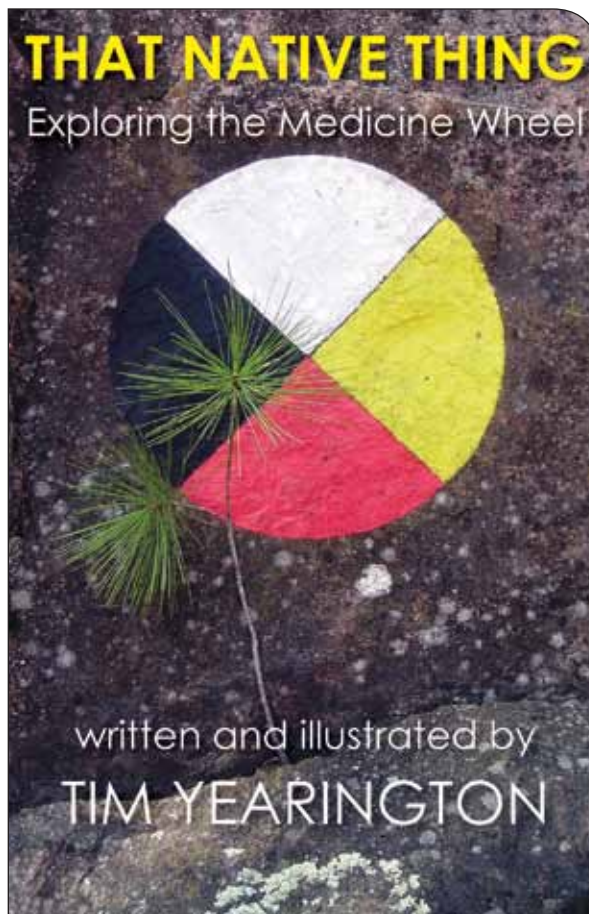
I did not expect an autobiography when I picked up this book. I thought it would be a dry, textbook approach to the Medicine Wheel. I'm glad I continued to read, in spite of my aversion to autobiographies, because the second half of the book was exactly as I had

hoped. Once Yearington starts to detail the structure of the Medicine Wheel, the meanings of its directions, colours and elements, he becomes sharply focused and explains its benefits in a clear and easy-to-understand fashion.

There is a lot of detail crammed into the last half of the book — here was all of the technical information I had found to be lacking in the first half. The author is thorough and concise about all of the different aspects of the Medicine Wheel. He provides some examples, illustrations and a suggested reading list. It is an easy-to-reference guide of the basic principles behind the sacred native path he follows. Here the reader has more room for personal interpretation of the wheel's teachings.

At the end of his introduction, Tim Yearington states that "If there's one thing I hope you'll take away with you from this book it's this: that Native thing called the medicine wheel is good medicine for us all." He does a thorough job of illustrating how he, personally, has used it for his own healing and balancing of the different aspects of his identity. Then he goes one step further and presents the wheel to us in a neutral way that allows for our own interpretation and possible applications.

You can see an 80-minute video presentation online at Vimeo: *Tim Yearington presents the Medicine Wheel and Pine Tree of Peace* <vimeo.com/18441727>. Tim's book is available at both Mill Street Books and Soul Scents in Almonte. For more information about him and his book, visit <timyearington.com>.



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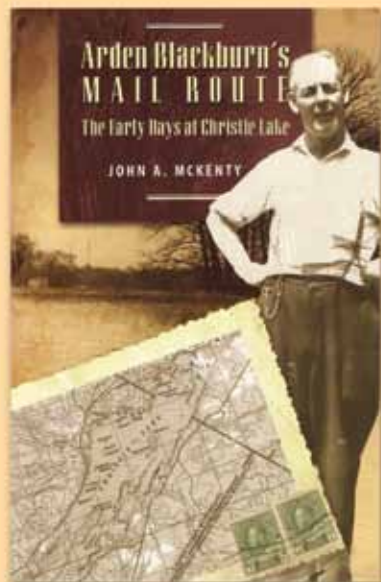


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130 Lansdowne Ave.,
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And online at www.wheelsgonebye.com

Nick of Time Artisan Show

December and the holiday season are just around the corner, and so is Perth's own 19th annual Nick of Time Show, featuring some of the area's finest artisans. Over the years, the Nick of Time Show has established itself as an integral part of downtown Perth's old-fashioned traditional Christmas festivities. As in the past, the show will have all the necessary ingredients to help you enjoy a truly festive holiday shopping experience. The aroma of hot cider and freshly cut evergreen boughs, the uplifting sound of a Bach fugue pervading the air, and the sight of friends, neighbours and fellow shoppers will all combine to put you in the spirit of the season.

The Nick of Time Show is more than just another craft show. It's a juried show with high quality, one-of-a-kind gift items fashioned by over twenty skilled local artisans. It is also a unique shopping experience in one of Canada's most elegant heritage homes.

In keeping with the spirit of the season and the heritage venue, the traditional crafts are always the main attraction. Look for everything from delicately scented handmade soaps to pewter ware, beeswax candles, fine woodworking, evergreen centerpieces, handspun dyed wool and more.

Food is always a major part of any festive occasion. Ludwig Ratzinger, the German trained chocolatier will be returning this year and, of course, no Lanark County event would be complete without a substantial showing of maple syrup products. Adding to the food segment of the show this year is a local producer who makes pears poached in mulled wine baked in pastry, Christmas cakes, minced tarts, shortbread, authentic tourtières and many other items made from her own organic garden.

Among the new participants is an artisan who combines a passion for beautiful writing instruments with a love of wood, to create distinctive



From Wendo Van Essen's whimsical felt creations to fine chocolate by Ludwig, you'll find it at The Nick of Time Show in Perth!

pens and pencils fashioned from rich exotic woods. Returning this year after an absence will be a local astrophotographer, who will present photographs of events in the heavens that actually occurred billions of years ago. Also look for furniture which is too exquisite to be called rustic, although made from harvested shrubs in the wild. This is just a sampling of what is on offer, but you can count on original, traditional and unique gifts that can't be found anywhere else.

So take a break from plastic ornaments and electronic holiday music. Enjoy some time in the Victorian splendour of the cedar- and pine-draped rooms of beautiful, historic McMartin House and do some relaxed shopping in a festive atmosphere. You'll be welcomed by a greeter dressed in period costume, with complimentary hot cider and Christmas cookies. And be sure to enter a free draw for a basket of gifts donated by participating artisans.

It all happens Saturday, December 1 at the McMartin House, 125 Gore Street East in Perth, from 10AM to 4PM. Admission is free. For more information, contact Bonnie Jehu at 278-2712.



Look and feel 5-15 years younger before Christmas!



Dr. Michaela Cadeau,
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This safe and non-surgical procedure increases circulation and stimulates collagen production, rejuvenating facial tissue. This gives the skin more tightness and elasticity, and helps to reduce sagging or puffy skin and wrinkles. There is no risk involved with this procedure, no downtime from work, and no side effects.

A research study published in the International Journal of Clinical Acupuncture reported that, in a clinical trial of 300 people who received facial acupuncture, 90% saw marked results after one course of treatment.

Call by November 30 for your free consultation.

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Tighten Pores • Eliminate Fine Lines
Raise Drooping Eyelids • Reduce Frown Lines

Bring out your inner beauty

Hands on Healing
125 Bridge Street, Almonte, 613-256-0222
handsonhealing@on.aihn.com

Perth House Tour Celebrates the Season

The tradition continues for the 7th year, with the annual Heritage Perth Christmas House Tour on December 1 and 2, organized by the women of CFUW Perth and District. Once again they will feature some of the town's most distinctive homes, between 10:30AM and 3:30PM each day.

A total of eight homes will be open to visitors — heritage homes that remind us of our past, and some more modern but truly unique and beautifully decorated homes. This year, two decorators have provided a new focus — the dining rooms — in order to provide inspiration for your own holiday decorating.

To help with your gift-giving, this year's tour also features a gift marketplace with products made by CFUW artists such as ceramics, paintings, Christmas decorations, jewellery, and books (offered by two prominent local authors). The artists will donate a portion of their sales to the tour.

The Perth Best Western Plus Hotel will host the gift fair and offer complimentary refreshments throughout both days of the house tour. In addition, the hotel is also offering special rates to tour ticket-holders who would like to stay overnight.



Don't miss the popular CFUW Heritage Perth Christmas House Tour, taking place this year on December 1 and 2

Since the tour will make you hungry, most local restaurants and one of the local churches have agreed to offer an "Express Lunch" for ticket-holders, at a modest charge. In addition, they will donate a portion of the proceeds to the Tour in support of their goals.

The \$30 tickets, in the form of a brochure illustrating the homes and their history, are available as of November 1 from Home Furniture in Perth, Elizabeth Interiors in Smiths Falls, Tivoli Florist in Ottawa (Westboro and the Byward Market) and Smitten in Almonte's Heritage Court. Tickets can be mailed to you if you call Muriel at 267-2270.

The Canadian Federation of University Women is a non-profit organization committed to the improvement of the status of women, human rights and to the promotion of education. Since it began, the annual house tour has provided over \$75,000 in education funding to needy women and girls in Lanark County, to libraries and to reading programs.



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Perth Tourism invites you to explore
and discover Heritage Perth as we

Kick C

Celebrate the season in Heritage Perth

November All Month	Lace Up Exhibition: History of Skating in Canada at the Perth Museum (267-1947)
November 1-4	An Evening of One-Act Plays at the Studio Theatre <www.studiotheatreperth.com>
November 4, 11, 18, 25	Free Public Skating at the Perth Community Centre (267-2455)
November 6	Kelly Sloan at O'Reilly's Pub <oreillyphubperth.com>
November 10	Hockey Memorabilia Silent Auction at the Perth Legion (267-4400)
November 10	Poor Young Things at O'Reilly's Pub <oreillyphubperth.com>
November 22	Festival of Lights in the Tay Basin (264-1190)
November 23-25	Girls Getaway Weekend (264-1190)
November 23	PPAC presents the Toronto Symphony Youth Orchestra at PDCI <www.ticketsplease.ca>
November 30	PDCF Christmas Gala (326-0295)
December 1	Perth Santa Claus Parade (812-1215)
December 1-2	CFUW Heritage House Tour (267-2270)
December 7	PPAC presents Rita MacNeil at PDCI <www.ticketsplease.ca>

The Perth BIA presents **Christmas Begins in Perth**

The Festival of Lights

Thursday, November 22
6-8PM

Bonfire in the Tay Basin
Fireworks
Lighting of the Community Trees

Festival of Good Cheer



Festival of Good Cheer

Saturday, November 24
10AM-3PM

Shopping Fair in the Crystal Palace
Demos, Discounts and Dining
at Local Shops and Restaurants



at the Best Western Hotel, Perth

Friday, November 23

7-10PM Meet & Greet,
Fashion Show,
Chocolate, Cheese & Wine,
Live Music,
Merchant Displays

Saturday, November 24

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Morning Run,
Glamour Boudoir Photos,
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Tickets & Info
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Perth on Facebook 

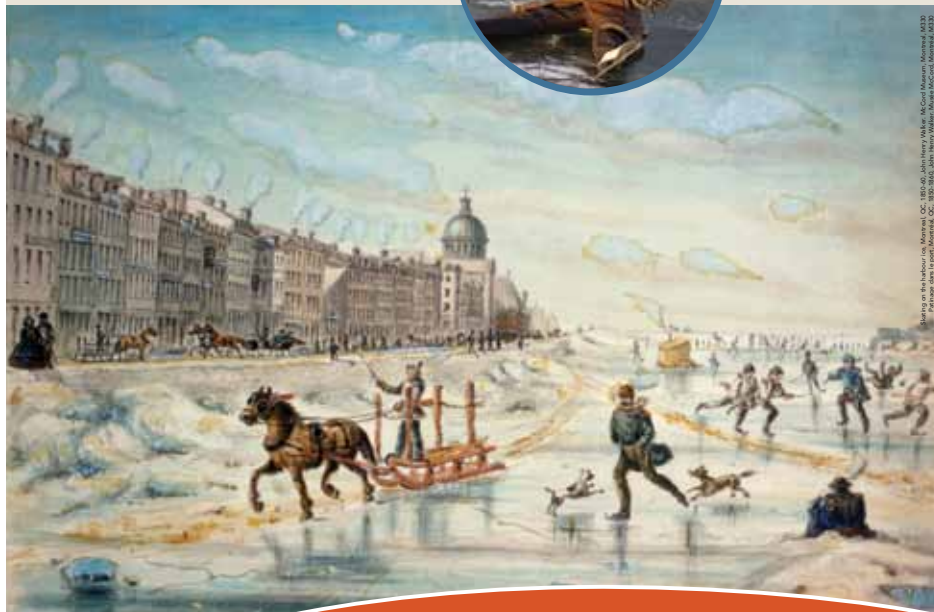
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Canada's Passion for Skating
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Off the Holiday Season!



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The “Build a Mountain of Food Campaign” Rolls into Perth!
 This Christmas Season, Perth Tourism will be partnering with Hugh Colton from Lake 88 and Town and Country Chrysler to join the Build a Mountain of Food Campaign. We will be collecting food donations at the Perth Tourism Centre and Town Hall. Then, on November 17th we will join Hugh on the radio when he comes to Perth to collect the food. We invite you to drop by the Perth Tourism Centre at 11 Gore Street East or the Town Hall at 80 Gore Street East to drop off your donation. Thank you for your anticipated support of this project!

Perth & District Children's Santa Claus Parade
Saturday, Dec. 1
5PM
Theme: “A Cartoon Christmas”

Categories:

- Commercial (businesses)
- Non-Commercial (church, youth groups, everyone else)
- Industrial
- Service Clubs
- Animals (animal pulling, horses, etc.)
- Schools (all levels)
- Individuals (walkers, rollerbladers)

To register a float or for additional information, contact
Sheri Mahon-Fournier
 613-812-1215, sherisells@hotmail.com



Canadian Federation of University Women Perth and District

Heritage Perth Christmas House Tour

Saturday & Sunday, December 1 & 2, 10:30AM-3:30PM

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2012 Tour Theme: “Festive Dining Rooms” all professionally decorated

During tour hours, visit the Best Western Plus Perth Parkside Inn and Spa for
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Local restaurants and St. James church offer special lunch deals to tour ticket holders

Tickets \$30 (cash or cheque only please) available at:

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Saturday, December 1st
McMartin House
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Climb Aboard The Christmas Express!

Holiday Fare at Perth's Studio Theatre

Picture it. A small town, very like any other small Ontario town, struggling with unemployment, business closures, dwindling population. It is December 23, but in the town of Holly, it might as well be January 23. There are no decorations and there is no Christmas music on the radio (mainly because the radio doesn't work). Into this picture, place Hilda, the manager of an old railway station where trains are few and far between, and her long suffering assistant Satch. Hilda dreams of faraway places. Satch just wants his watch to keep time. They are joined by a motley assortment of townspeople — Maggie the letter carrier, Penelope the newspaper editor, Myrna the secretary for city hall, and a pair of bickering newlyweds, Donna and Jerry. Each is dealing with his or her own problems and has little room for Christmas spirit. Added into the

mix is a mysterious stranger whom Hilda is sure is there to close them down.

Enter Leo Tannenbaum, a visitor who says he has just arrived on a mysterious train that no one else seems to know about. And suddenly good things begin to happen.

On December 6, Studio Theatre's final production of 2012, *The Christmas Express*, steams into Perth, bringing with it a cast of the company's most accomplished actors. Kathy Reid plays Hilda, with Lucas Tennant as Satch, Grace Main as Maggie, Joanna McAuley as Penelope, and Patricia Parry as Myrna. David Parry is the enigmatic Leo, and Ian Doig the ominous Mr. Fairfax. Two delightful young actors, Julia Bryant and Cameron McTavish, are Donna and Jerry, the quarrelling newlyweds.

This is a story filled with warmth, laughter and hope — just what we all need in this day of austerity budgets, recessions and world unrest.

The Christmas Express runs December 6, 7, 8, 9, 14 and 15 at 8PM, as well as December 9 and 16 at 2PM. Tickets are \$20 in advance at The Book Nook, and \$22 at the door or at Tickets Please in Perth. Phone or credit card orders can be made through Tickets Please (613-485-3434, ticketsplease.ca). There is a student rate of \$10 (with ID) at the door. For further information, call the Studio Theatre box office at 267-7469 or visit <studiotheatreperth.com>.

If you're searching for a gift for that hard-to-buy-for person, why not give the gift of entertainment? Gift certificates to Studio Theatre are available for all productions. What better way to say "Have a merry Christmas.?"!



A group of Studio Theatre's finest turned out to audition for *The Christmas Express*. Watch the cast in action beginning on December 6.

Perth Community Choir

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MapleLeaf UP/ MapleLeaf DOWN

A musical revue by David Jacklin


A young nation at war — the people, places, events — the music IF YOU WEREN'T THERE, YOU SHOULD BE THERE!

This "moving tribute... strikes a chord... Beautifully written monologues and vignettes... lovely original music gives the evening a special flavour."
The Ottawa Citizen

November 8, 9, 10, 15, 16, 17 (8 pm)
November 11 & 18 (2 pm)

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theHumm Editorial

Power of Partnerships

Back in the early days of publishing *theHumm*, we delivered each issue with a great sense of relief mixed with a smidgen of incredulity. We recall shop owners and folks about town saying “you’re still around?!” each time we plopped copies into their shops or outstretched arms, to the point that it became a bit of a running joke month after month. The joke tapered off after a few years, and instead people started asking us how long we had been in business. This month, we’re celebrating our 14th anni-

by Kris & Rob Riendeau

versary and the beginning of our 15th year publishing the paper, and we’re doing so with our first-ever 40-pager (up a bit from the 16 pages we put out in our inaugural issue). And although we’ve said it before in editorial form, we felt that another shout-out of appreciation was due to all of the great people who have kept *theHumm* in circulation for so long.

TheHumm was conceived as a kind of community billboard and soundboard back in the days before the internet was so pervasive. Fourteen years ago, when each small town in our catchment area still had its own weekly paper, it was sometimes hard to find information about shows and events taking place nearby. The Valley arts scene was certainly well established back then, but there was no “one-stop-shopping” source for details about upcoming events. As soon as we began publishing, most of the existing arts and cultural groups, venues and organizers immediately partnered with us and started providing us with both content and advertising — the two things that were kind of mission-critical to our fledgling business. A number of independent businesses (shops, services, cafés and the like) agreed to distribute copies of the paper, and many of them supported us with advertising as well. Over the years, countless new initiatives have sprung up (hence the extra pages and at times overwhelming calendar of events), and we have developed partnerships with them as well.

At the same time, the first of a fourteen year-long procession of quirky characters offered to write for us. Some of those great folks are with us still (and the rest are always welcome back!), and many new voices have joined the chorus over the years. These people write because they are passionate about nurturing the arts in their communities, or because they wish to help bring attention to area artists and food producers, or simply because they have something they want to say to our readers each month.

People have partnered with us in other key ways as well. *TheHumm* was originally conceived by Heather Farquharson (with input from a number of Almonte friends), who co-edited it with Jill McCubbin for its first year of existence. Allan Stanley and Eileen Hennemann provided early graphic guidance and our original masthead design. For many years now the paper has been printed by the great folks at Performance Printing in Smiths Falls, and Kevin Burns has been our exceptional contact there throughout that time. Kris’s parents, Sally Hansen and Robert Bender, have undertaken the time-consuming task of distributing our paper



in the city of Ottawa (where they have more traffic than we do out here in the Valley). A few years ago, Rona Fraser joined us “on staff” as assistant editor and calendar entry gal (a task that requires a nearly superhuman attention to detail). In late 2010, Sam Hamilton gave the paper a complete face-lift with his gorgeous graphic re-design. And Paul and Donna at Valley Design Co. have advertised on our front page since time immemorial!

Since the year 2000 (which was when we decided we were likely to be around long enough to warrant a mission statement), *theHumm*’s mandate has been to “foster a positive and dynamic vision of the communities we serve by promoting the local arts & entertainment scenes and providing a forum for opinions and ideas.” Thanks to fourteen years of solid support and invaluable partnership that now extends throughout Lanark and Renfrew Counties, we look forward to continuing on that path for the foreseeable future. There’s nothing else we’d rather do, and no one else we’d rather do it with.

— Kris and Rob Riendeau, Partners in Print

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Alpaca hats, gloves, mitts, socks, scarves, yarn, roving, teddy bears, toys, and more!

Calling Artists... and Art Lovers!

Red Trillium Studio Tour

On November 24 and 25, you will have the opportunity to visit 32 artists in twelve locations in the rural setting of West Carleton on this year's Red Trillium Studio Tour. This is a free tour, and studios will be open from 10AM to 5PM each day.

Artists work in a variety of media including oils, acrylics, watercolours, and pencil crayons, book-

by Miss Cellaneous

binding, drawing, pottery, stained glass, woodwork, fabric art, Santa dolls, quilts, glass blowing, metal work, clothing, photography, sculpture, carving and jewellery.

This year's tour features many well-known returning artists, as well as newcomers Pamela Sherrer (delicate



Art jewellery by Susan Glazer can be found at this year's Red Trillium Studio Tour on Nov. 24 & 25

china painting, porcelain sculptures and Dichroic glass jewellery), Mette Baker (internationally known for her gloriously joyful flowerscapes), Clement Hoeck (beautifully patterned and designed high fire porcelain and stoneware pottery), and Pat Davies and Susan Kittridge (colourful, traditional, cheerful and useful knitting).

Brochures and maps are available at many locations throughout the city. More information is also available at <redtrilliumst.com> or by calling Catharine at 839-2793.

A Call to Artists

The Pakenham Maple Run Studio Tour is currently looking for new artists and artisans to participate on March 23 and 24, 2013. The Maple Run Studio Tour celebrates the beginning of spring, the running of the maple syrup, and people eager to get out after a long season of winter. The next tour meeting will be on November 13. Please call Ginette at 624-2062 for membership details on this popular spring studio tour.

Calling All Artists

The Mill Street Gallery of Contemporary Art (MSGCA) is seeking artists for the months of December and January. The gallery is producing two upcoming shows

which will feature local artists willing to exhibit their work.

For the month of December, the MSGCA is hosting the "Marketplace Exhibition", which looks to promote as many local artists and artisans as possible. The exhibition, located above the Heirloom Café Bistro, will play host to artists exhibiting sculpture, ceramics, photography, textile art and paintings alike. For January, the MSGCA is putting on a portrait exhibition. Artists are allowed to propose up to four pieces of portrait art in any medium for the latter exhibition. If interested, please email <amandalynnsey@live.com> with images of your work or a link to your website, before November 17.

Second Annual Carleton Place Art Tour and Sale

A group of over thirteen local artists will present the second Carleton Place Art Tour and Sale on Saturday, December 1, from 10AM to 5PM. Seven studios and arts-related businesses will be open to visitors. You will see painting, pottery, drawing, fibre arts, sculpture, mixed media, photography, glass and more. Some locations will also offer demonstrations and opportunities to make something yourself! Entry is free.

Come and meet the makers of the art you've seen at galleries and shows around town. Turn your travels into a treasure hunt as you look for distinctive handmade holiday gifts for someone special.



Find works by Jan Gilbert and others at the Carleton Place Art Tour

Tour maps are available at the Train Station, Brush Strokes, Surrounding Memories, Scott Reid's office, Ballygiblin's, and the Mississippi School for the Arts. More information and a map can be found at <CarletonPlaceArtTourandSale.wordpress.com>. Part of the art tour includes a show of work by more local artists at the Mississippi School for the Arts in the old mill on McArthur Island. This show will open December 1 and continue until mid-January. Visitors are welcome at this new venue weekdays between 9AM and 4PM. More information is available at <mississippischool.ca>.

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Presented by **RBC Royal Bank**

"It goes beyond simply a place to locate a business — it becomes a quality of life choice"

There are a number of services that people expect to find in a downtown core. Butchers and bakers are still the norm, but not every Valley town has its own coin and banknote retail shop that also offers professional appraisal services, and buys and sells bullion! In fact, Almonte has been unique in that regard since Sean Isaacs opened Alliance Coin and Banknote here back in 2004.

At that time, Sean was in the process of outgrowing his home office in Kanata. A serendipitous trip to Almonte to do an on-site appraisal led to him renting space downtown, and four years later he decided to purchase and renovate the heritage building at 88 Mill Street. The reasonable rent at his first location allowed him to grow his business organically, and Sean has found that clients from a wide catchment area are happy to make the trip to town. His 25-year "solid gold" reputation in the business is built upon experience, customer service, depth of inventory, and integrity. Alliance offers very specific services including insurance and market appraisals, retail sales of coins, medals, bank notes and tokens, and buying and selling of precious metals as investments.

Sean appreciates doing business in a small town because he can more easily become involved in local initiatives. Alliance has produced a special Almonte Trade Token, the Naismith Coin, and most recently the Broomball souvenir medal pictured at right. On November 24, Alliance will bid "Farewell to the Penny" at their open house from 3-6PM, and will present their Penny Drive to the Almonte General Hospital.

Alliance Coin & Banknote — Chamber member since 2006

Visit us: www.mississippimills.com

An Eclectic, Exciting Month for the Arts

In Perth, November promises to be a wonderful month in the world of arts and entertainment.

Telling Stories

2 women productions (2wp) is back for another season of exceptional adult storytelling. They kick off their 2012/2013 schedule in Perth on November 3 with *The Wind and the Moon: Tales of Passion and Power*, a collection of “deliciously sensuous stories about men and women who struggle, as we all do, to find love, in all its fullness.” Stéphanie Bénéteau will do the storytelling.

by John Pigeau

Jennifer Cayley — one half of 2wp (the other is Jan Andrews) — says Stéphanie “is a dynamic and elegant teller with an international reputation.” A veteran storyteller, Bénéteau has been working with Jan and Jennifer on these stories for some time. “As my repertoire of erotic stories grew,” she says, “so did this show, which has become, over time and with the help of 2 women productions, a set about the ecstasy of physical union and about the obstacles that we must overcome to reach that place of passion and pleasure that is everybody’s birthright.”

She says she wanted this set of stories to be a celebration “of language, of stories and of physical love, with stories that elicit laughter, blushes and a deep sense of recognition, as the heroes and heroines face double standards, prejudices and social interdictions on their way to passion, pleasure and love.”

The show begins at 7:30PM at the Full Circle Theatre in Perth. Tickets are \$18 in advance and \$20 at the door. You can purchase tickets online at <ticketsplease.ca> or by calling 485-6434. Full season subscriptions, which will save you money in the end, are also available for \$45.

Cayley is looking forward to a wonderful season ahead. “As always,” she says, “2 women productions is promising the best in adult storytelling, with tales that engage, challenge, delight and leave audiences wanting more. This year we are opening with a delicious show built on witty, edgy traditional material from around the world. In February we bring *Ask No Questions*, a piece that will resonate with everyone, for we all have family secrets that no one wants to reveal and certainly no one wants to recognize the power of these secrets in a family’s life. Our last show tells the tales of Homer’s *Odyssey*, a story foundational to European literature and one of the best adventure stories the world has ever known.”

Last year, 2wp enjoyed a wonderfully successful year, with a 60% growth in audience and plenty of

amazing feedback about their high quality, provocative, captivating productions. Accordingly, 2wp were able to obtain more funding for this year’s performances.

“The two big things that more funding will enable us to do is to expand to Neat Coffee Shop in Burnstown and pay our tellers better,” says Cayley.

For those who have never attended a storytelling and are wondering how it differs from a play, for instance, Cayley explains it this way: “A storytelling is dependent on a very direct connection between audience and teller and story. No scenery, no music, no costumes — just words. Because storytelling is such a simple art form, it calls deeply on the creativity of the audience, leaving lots of room for listeners to weave their own feelings, life experiences and images into the fabric of the story.”

Listen to the Music

If it’s live music you’re craving, well, you’re also in luck.

The Dardanelles, an energetic, three-piece folk act from Newfoundland, armed with a love of jigs, reels and ballads, are playing Farrell Hall (186 Gore Street East) on Saturday, November 10 at 8PM. Tickets are available at Shadowfax <shadowfax.on.ca>.

Later in the month, acclaimed, ground-breaking BC folk-roots musician and LGBTQ activist **Kate Reid** will be in town playing songs from her latest CD, *Queer Across Canada*. That show is at the Full Circle Theatre on Saturday, November 24 at 8PM, and tickets can again be purchased at Shadowfax.

Theatre, Anyone?

From November 1 to 4, Perth’s Studio Theatre presents a “delicious assortment of short stories,” as the much-loved **Evening of One Act Plays** returns for a fourth year. For the first time, they have invited guest theatre companies to present one-acts of their own, and each play will be an entry in the Eastern Ontario Drama League’s One Act Play Festival this year. Studio Theatre Productions presents George Bernard Shaw’s *Overruled*, while the Valley Players of Almonte will stage August Strindberg’s *The Stronger*. Also bringing one-acts are the renowned Ottawa Little Theatre (*Behind the Beyond*), Manotick’s More Theatre (*Bloom*), and West Carleton’s Rural Root Theatre (*The Morgue the Merrier*).

For more information, call the Studio Theatre at 267-7469 or visit <studiotheatreperth.com>.

The Written Word

Finally, for literary fans, November is an exceptional month. Perth’s **First Edition Reading Series** has two exciting readings in November. On November 17, three young and very talented authors will be reading from their latest works. Tanis Rideout and Grace O’Connell will read from their much-acclaimed first novels — *Above All Things*



2 Women Productions (aka Jennifer Cayley and Jan Andrews) are thrilled to be presenting their third storytelling series for adults, with shows in Perth and also in Burnstown

and *Magnified World*, respectively — and award-winning novelist Michael Blouin, author of *Wore Down Trust*, will read from a cutting edge work-in-progress. Three exceptional poets take the stage on November 24: Kingston’s Sarah Tsiang (*Sweet Devilry*) and two Ottawa-based writers, Sandra Ridley (*Post-Apothecary*) and Christine McNair (*Conflict*). Both readings begin at 7PM at Backbeat Books & Music at 6 Wilson Street West. Please call 466-0663 to reserve your \$10 tickets in advance.

And finally, don’t forget the **Festival of Good Cheer!** Get into the holiday spirit on November 24 in downtown heritage Perth and be transported back to the Victorian era, where you will be entertained by the Perth town crier, carollers and music groups around town. The Perth Museum will feature cider and cookies by the fireplace in the 1840 kitchen, and seasonal music will play throughout the house. For more information, please call 267-1947 or see <perth.ca>.

— John Pigeau is an author, shopkeeper, journalist and literary junkie. He hopes to bring Margaret Atwood to read in Perth next year. By Tweet, she has agreed. If you are interested in helping John organize a Perth Literary Festival for next year (possibly with Ms Atwood as headliner!), please contact him at <jpigeau@hotmail.com>.

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The Twelve Days of Christmas



Carleton Place BIA Santa Claus Parade

Saturday, November 24 at 5pm

WHILE YOU'RE HERE, VISIT THESE DOWNTOWN MERCHANTS!



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17A Albert Street
613-259-2392
www.petalsandpaint.net



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www.granary.ca



The Book Gallery

19 Lake Avenue
613-257-2373
www.thebookgallery.ca

Graham's Shoes

139 Bridge Street • 613-257-3727



124 Moore St.
613-253-0263
www.srcmusic.ca

Nancy's Impressions

149 Bridge St. • 613-257-2124

Valley DESIGN CO.

22 Lake Ave. East
613-257-1197

Bonnie and Company

114 Beckwith Street
613-257-8345



Market Square
7 Beckwith Street
www.cpfm.ca



Ballygiblin's Restaurant & Pub
151 Bridge St.
613-253-7400
www.ballygiblins.ca

For a complete listing of Downtown Carleton Place businesses, please visit:





Join us in Carleton Place for a magical night at the BIA Evening Santa Claus Parade, with this year's theme "12 Days of Christmas".

Thousands of spectators, over one hundred floats, and one jolly St. Nick will congregate in downtown Carleton Place this holiday season for the largest Santa Claus parade in the Ottawa Valley. Amid a sparkling cascade of LED Christmas lights and under the dark winter sky, the BIA (Business Improvement Association) hosts the annual evening parade on Saturday, November 24. The train of spectacular floats will begin at 5PM at Carambeck Community Centre and travel up the town's main thoroughfare, Bridge Street.

You will truly experience the Christmas spirit in Downtown Carleton Place when you see businesses, community groups, residents and visitors all joining together to share their best wishes for the holiday season with everyone.

A SEASON FOR GIVING

'Tis the season for giving, and the parade is an opportune time to get into the Christmas spirit. The Civitan Club will be collecting food for the Lanark County Food Bank and monetary donations for the Christmas Basket Fund.

Multiple plaques will be awarded to the most enthusiastic and decorative float designs that are consistent with the theme. At the end of the parade, a group of judges will select 1st, 2nd and 3rd place for the Best Walking Float and the Best Use of Theme Float. There will also be awards for the Best Commercial Float and Best Small Independent Business Float, and — NEW this year — a trophy will be awarded to the Best Overall Float.

After the grand finale of the parade, when Santa's sleigh makes his crowning pass down Bridge Street, spectators are invited to the Carleton Place and District Memorial Hospital for free hot chocolate, caroling and the annual Christmas Tree Lighting ceremony. Parking is free in downtown Carleton Place, where visitors and residents can shop and dine amongst the 150 stores, restaurants and services.

HOW TO GET INVOLVED

For more information or to register a float, contact the BIA office at 257-8049 or cmcormond@carletonplace.ca. Visit www.downtowncarletonplace.com/SantaClausParade for more information about the event, to see pictures from last year's parade, or to download a registration form. For more upcoming events this Christmas season be sure to check out the rest of the site.

WANT TO HELP?

Each year, the BIA takes on more growth and thus more responsibility for the parade. The organizing committee estimates that at least ten volunteers are needed to assist in the facilitation of the parade, at both the staging area and the receiving area. The BIA appreciates any help that can be offered. Volunteers will be provided with reflective jackets and radios. Please email cmcormond@carletonplace.ca or call 257-8049.



A Special Weekend in Carleton Place

Plan to return and "Meet Us Downtown on the Mississippi" again on the weekend of December 1 and 2 when you'll find so much to do in Carleton Place!



Painting by Jan Gilbert

On Saturday, December 1 you are cordially invited to the **BIA Downtown Christmas Celebration** where you'll find fun events for the whole family. You can start the day with breakfast and photos with Santa at Shenanigans Restaurant from 9AM until noon, catch a horse-drawn trolley ride downtown from 11AM until 4PM, participate in a mitten scavenger hunt, create your own gingerbread house at a workshop at Ballygibblins presented by the Carleton Place Youth Centre, or come to a cookie workshop at the Carleton Place Civitan Club! All day long you can meet and greet Santa's elves, Frosty the Snowman and the Gingerbread Man as they walk along

Bridge Street. Plus, there will be terrific Christmas shopping opportunities all day long. For more information, visit www.downtowncarletonplace.com.

Also on December 1, you won't want to miss the second annual **Carleton Place Art Tour and Sale**. From 10AM to 5PM, the studios of over a dozen local artists will be open to the public, showing an eclectic array of works including painting, pottery, photography, fabric and much more. Tour maps will be available in early November at downtown locations, and more information and photos of artists' works can be found at www.carletonplacearttourandsale.wordpress.com.

Other events taking place on December 1st include the Carleton Place and District Memorial **Christmas House Tour** featuring eight different heritage homes (call 257-2200 ext. 856 for details), and a **Bake Sale** benefitting the Carleton Place and District Hospital Auxiliary taking place at the Moore House from 9AM to noon (call 257-2200, ext. 323 for details).

And on December 1 and 2, the Mississippi MUDDS present their Christmas performance of the panto **Aladdin** at the Carleton Place Town Hall. This show is sure to please all ages, and continues on the following weekend, December 7 and 8. For more details and ticket information, please visit www.mississippimudds.ca.

- | | |
|---------------------|---|
| November 3 | 24th Annual Women's Fair , 10AM-4PM at the Carleton Place Arena, < www.lcih.org > |
| November 15 | Comedy Night at Ballygiblin's , 8PM at 151 Bridge Street (253-7400) |
| November 14 | Downtown LED Lighting Display begins along Bridge Street (257-8049) |
| November 23 | Valdy — Up Close and Personal at 8PM at the Carleton Place Town Hall < lyleproductions@gmail.com > |
| November 24 | Annual BIA Santa Claus Parade "12 Days of Christmas" , beginning at 5PM downtown Carleton Place (257-8049) |
| November 24 | Tree Lighting at the Carleton Place and District Memorial Hospital following the Santa Claus Parade |
| December 1 | Bake Sale , 9AM-noon at the Moore House on Bridge Street (257-2200, ext. 323) |
| December 1 | Carleton Place Art Tour and Sale , 10AM-5PM < www.carletonplacearttourandsale.wordpress.com > |
| December 1 | BIA Downtown Christmas Celebration , all day long downtown < www.downtowncarletonplace.com > |
| December 1 | Carleton Place and District Memorial Christmas House Tour (257-2200 ext. 856) |
| December 1, 2, 7, 8 | Aladdin , a panto by the Mississippi Mudds at the Carleton Place Town Hall < www.mississippimudds.ca > |

STONE HAVEN ARTWORKS!

Mosaic Workshops: Nov. 24 & 25 and Dec. 8 & 9



Spend two relaxing and stress-free days in a retreat-like setting creating a mosaic mirror masterpiece — for you, a friend or family member. No prior artistic talent required! Returning participants can work on a second level piece.

Space is limited.

Register at stonehavenartworks@gmail.com or call 613-323-5290 for more info.

Fee: \$95 plus \$45 for all supplies, food & refreshments

Chinese Royalty Meets Egyptian Magic in Mudds' Festive Panto

If you're in the mood for a family treat this holiday season, then you must attend the traditional English panto by local musical theatre troupe, the Mississippi Mudds.

The story begins with the Princess of Pekin being pledged to marry Prince Pekoe. This being a panto, naturally she doesn't love him and hopes to find someone else. To deter other suitors, her parents, Their Majesties the Emperor and Empress of China, have issued a decree that whoever looks at their daughter will be beheaded.

Enter Aladdin — a thoroughly "unsuitable" type who is wanted by the Chinese police for speaking to the Princess in the palace garden. While he's running around town hiding, the Princess attends her birthday celebration where The Great Abanazar, an illusionist from Egypt, presents a magic show. The Royal Family, however, is unaware of the real reason Abanazar is in China — to find a magic lamp.

The illusionist asks Aladdin to help search for the lamp and treasure, and the action heats up as Aladdin embarks on an adventure, hoping for treasure and the hand of his princess.

Meanwhile, back in Pekin, the citizens are singing in the streets, accompanied by pianist Peter Brown and his band, and with musical direction



Will Aladdin keep the lamp and genie from the dastardly Abanazar? Will the princess find true love? Do girls just wanna have fun? Find out at the Mudds' holiday panto, which opens on November 30 in Carleton Place.

by Kristine MacLaren. Songs include *Happy Talk*, *Girls Just Want to Have Fun*, *Waving Flag*, *Do You Believe in Fairy Tales*, *It's a Working Man I Am*, and *Walk Like an Egyptian*.

Will anyone get beheaded? Will the puzzle be solved? Will Abanazar find the magic lamp? If so, what will he do with Aladdin? Join the chorus and the hilarious cast of Aladdin to discover the answers to all these questions and more, by coming out for a night full of music, dance and laughter — fun for the entire family.

Aladdin, written by John Morley and directed by Mudds member Tony Scott, can be seen at the Carleton Place Town Hall at 175 Bridge Street on November 30, December 1, 7 and 8 at 7:30PM with matinées on December 2 and 8 at 2PM. Tickets are \$20. A special Charity Benefit Preview will be presented on Sunday, November 25 at 2PM — tickets are \$5 at the door, proceeds go to the local food bank, and attendees can bring non-perishable food items as well.

Ticket sales are through the Carleton Place Chamber of Commerce at 257-1976. Visit mississippimudds.ca for more information. — Doris Ohlmann

Yoga Teacher Training

January — July 2013

1 weekend a month + 1 week retreat

Register by Dec. 31 and save over \$300!

See full details online!



Love Yoga? Follow your passion... Teach Yoga!

Info session Nov. 24 & Dec. 8

YOGA & TEA STUDIO 211 Donald B. Munro, Carp 613-304-6320 www.yogaandtea.com

27th Tour November 2012

Red Trillium Studio Tour

Sat./Sun. Nov. 24/25 10am - 5pm



Visit the studios of West Carleton's Fine Artists and Artisans

www.redtrilliumst.com



Auditions for Nunsense II

The Mississippi Mudds will put on *Nunsense II: The Second Coming* in the spring of 2013. Auditions will take place on Saturday, November 10, at the Mississippi School for the Arts in Carleton Place.

If you are interested in a lead or minor lead role, you will be required to sing a song of your choice (please bring your sheet music if you want accompaniment) and a reading of the audition panel's choice. If you would like to be part of the ensemble, you will still need to audition but you can form groups of three to

five people to sing a song of your choice (once again, please bring your sheet music if you want accompaniment).

The Mudds are looking for women who can tap dance, do the polka, do the cancan, and even one person to roller skate or roller blade! So there are all kinds of things to take part in this time, as well as being in the ensemble.

Please call for an audition time. Also, if you want to audition for the ensemble along with other auditionees, please contact Sandra Dunlop at 599-7221 or pcbear@rogers.com.

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Carleton Place



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November 26

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Naked on the Farm Exposes Photographers!

What happens when photographers look for a way to challenge their creative and technical skills under demanding circumstances? Why they run Naked on the Farm of course!

Naked on the Farm (NOTF) is this year's edition of an annual challenge that's been held by The Photography Matters Group for more than nine years, and it's a local version of something that started back in 2001.

The **Photography Matters Group** is a collection of photographers living in and around Almonte. Its members include professionals, amateurs, film aficionados and digital enthusiasts, drawn together by the common desire to take lots of really great pictures. Photographers represent a broad range of skills, knowledge and experience. That's part of the fun!

NOTF is a chance for everybody to strut their stuff. You can see their strut at the vernissage on Saturday, November 3, from 7 to 9PM, at the Mississippi Valley Textile Museum in Almonte. The exhibit runs from November 3 to 14, and their "stuff" consists of some 45 prints in colour and black and white.

NOTF is quite a demanding exercise reflecting specific creative and technical challenges. Photographers are limited to one camera, one lens, one location and one naked model, and they have only thirty minutes and a maximum of 36 shots to compose something profound.

To make it even more difficult, no one has any advance information to help pre-visualize

or compose ideas. The location is only revealed 24 hours ahead of time, and they only meet the model five minutes before the shoot! The point of the exercise is to be in the moment and, well, focused.

After the demanding shoot, it's a pleasure for the photographers to collect their work together to exhibit a wide variety of moods, techniques, approaches and creativity. While not a competition, the exhibition does feature "People's Choice" balloting as one way for the viewing audience to express opinion and provide feedback to the photographers.

Some of the prints on exhibit will tell the "story behind the story" by visually documenting the actions of each person working with and photographing the model. These illustrate the great lengths to which the photographers will go to capture the perfect shot!

Prints will be available for sale and donations for the Mississippi Valley Textile Museum are being gratefully accepted. For more details, contact Susan Cressy at 259-9992 or visit <photographymatters.ca>.

— Sue Cressy



The results of this year's 'Naked on the Farm' photo shoot (including 'Ghost Woman in the Barn' by Hagen Hohn, above), will be on display at the Mississippi Valley Textile Museum from November 3 to 14. Meet the photographers at a vernissage on Saturday, November 3 from 7 to 9PM.

Looking for a choice piece for your décor?

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November 10 Christmas Begins
Hours:

November 10 - December 1

Saturday 10am - 5pm

Sunday 11am - 4pm

December 2 - December 24

Friday 11am - 4pm

Saturday 10am - 5pm

Sunday 11am - 4pm

Monday 11am - 4pm

December 24 open til 3pm

SPECIAL EVENTS

SANTA'S VISIT

**'T WAS THE NIGHT
BEFORE CHRISTMAS**

A SPECIAL READING
BY Paddy O'Connor

The Town Singers
present a

PEACE AND JOY CONCERT

Tuesday, December 11
at 7:00

St. Andrew's
Presbyterian
Church, CP

Tickets \$10
Available from
choir members,

Collins Barrow,
52 Lansdowne Ave., CP
or Nick at 613-257-4100

Claiming Column

Carp Christmas Mkt, Dec 1
 Art Tour & Sale, CP, Dec 1
 Stairwell Carollers, Almonte, Dec 1
 Pakenham Country Christmas, Dec 1
 Santa Claus Parade, Perth, Dec 1
 Nick of Time Artisan Show, Perth, Dec 1
 Aladdin, Carleton Place, Dec 1, 2, 7, 8
 Perth Christmas House Tour, Dec 1-2
 Prelude to Christmas Concert, SF, Dec 5
 The Christmas Express, Perth, Dec 6-16
 Light Up The Night, Almonte, Dec 7
 Rita MacNeil, Perth, Dec 7
 Garnet Rogers, Burnstown, Dec 7
 Santa Claus Parade, Pakenham, Dec 8
 Santa Claus Parade, Almonte, Dec 9
 Town Singers, Carleton Place, Dec 11
 Skydiggers, Burnstown, Dec 14
 Kintail Country X-mas, Almonte, Dec 15
 MonkeyJunk, Dec 15-16
 David Francey, Almonte, Dec 16
 David Francey, Burnstown, Dec 20
 Almonte in Concert Xmas, Dec 21
 Conor Gains Band, Westport, Jan 18

Visual Arts

Vernissage, Nov. 2, 6-9PM. Jennifer Noxon, Chandler Swain. Rowboat Riverside B&B, Blakeney. 256-6522, therowboat.ca.
Vernissage, Nov. 2, 4-7PM; **Open Studio**, Nov. 3 & 4 (10-4). Rosemary Leach studio. 255 William St., Almonte.
Naked on the Farm Vernissage, Nov. 3, 7-9PM. Photography Matters. MVTM, Almonte. 259-9992, photography matters.ca
OWAA Gallery Art Sale, Nov. 3 (10-4). Artists in attendance. Goulbourn Recreation Complex, Stittsville. 794-4658
Vernissage, Nov. 3, 8-9:30PM. Beck Poulson. Equator Cafe, Almonte. equator.ca.
Vernissage, Nov. 3, 3-5PM. Rolph Storto. Foodies Fine Foods, Almonte. 256-6500.
Vernissage, Nov. 9, 7-9PM. Jennifer Raby. Brush Strokes, CP. 253-8088
Kanata Art Club Meeting, Nov. 14, 7-9PM. Kanata Art Club Studio. 592-2904
Flippin' Art Night, Nov. 15, 5-7PM. Robin Andrew, Shannon Peters. Ballygiblin's, CP. 257-2031, artscarletonplace.com. Free
Gift of Art, Nov 17 & 18 (10-5). Kanata Civic Art Gallery. kanatagallery.ca.
Almonte Quilters' Guild, Nov. 19, 7-9PM. Almonte Civitan Hall, 256-5858
Red Trillium Studio Tour, Nov. 24 & 25 (10-5). West Carleton. redtrilliumst.com
Lanark County Quilters Guild, Nov. 27, 7PM. Perth Lions Hall, 264-9232
Arnprior Quilters' Guild, Nov. 28, 6:30PM. Christian Education Centre, Arnprior. arnpriordistrictquiltersguild.com
CP Art Tour & Sale, Dec. 1 (10-5). Maps at 132 Coleman St. Downtown CP. carletonplacearttourandsale.wordpress.com

Theatre

Evening of One Act Plays, Nov 1-3 (8pm); Nov 4 (2pm). \$22 at door or ticketsplease.ca. Studio Theatre, Perth. studiotheatreperth.com.
The Wind & the Moon, Nov. 1 (Neat Coffee, Burnstown); Nov 3 (Full Circle Theatre, Perth), 7:30PM. Storyteller Stephanie Bénéteau. 2wp.ca. \$20; \$18 in adv
Mudds Murder Mystery Dinner Theatre, Nov. 2 & 3, 6:30PM. Tickets at CP Chamber: CP Town Hall, 257-1976
Where Do We Go Now, Nov. 7 (2PM Full Circle Theatre, Perth); Nov 8 (7PM Station Theatre, SF). **Boy**, Nov. 21 (2PM Full Circle Theatre, Perth); Nov 22 (7PM Station Theatre, SF). 267-1224, \$10
MapleLeaf Up/MapleLeaf Down, Nov 8-10, 15-17 (8PM); Nov 11, 18 (2PM). Full Circle Theatre, Perth. 485-6434, \$22

Monday	Tuesday	Wednesday	Thursday
<ul style="list-style-type: none"> Brush Strokes presents Jennifer Raby <brushstrokesart.ca> Equator Coffee Roasters presents Beck Poulson's mixed media acrylics <equator.ca> fieldwork presents Alicia Marvan, Sylvia Pendl, Barbara Meneley, Susie Osler <fieldworkproject.com> Foodies Fine Foods (Almonte) presents Rolph Storto Artworks <foodiesfinefoods.ca> Mill St. Gallery of Contemporary Art (Almonte) presents Barb Lougheed, abstract-expressionist painter, "The Inner Universe" MVTM presents Naked on the Farm (Nov 3-14), Fabric of a Small Town <mvtm.ca> Ottawa West Arts Assoc Gallery (Goulbourn Rec Complex) presents "Reflection" <owaa.ca> Palms Coffee Shop presents Jill McCubbin's paintings, Richard Skrobecki's pottery <palmsonline.ca> The Mississippi Mills Chambers Gallery presents Amanda Sears, textile/abstract The Almonte Library Corridor Gallery presents the photography of Rod Trider Kanata Civic Art Gallery presents "Recollection" with Judi Miller, Lynne Morin, Dorothy Hayter to Nov 10 <kanatagallery.ca> 			<ul style="list-style-type: none"> Acoustic Open Mic, Alice's Village Cafe Bazaar/Chili Luncheon, Almonte Evening of One Act Plays, Perth MVTM Fashion Show, Almonte Open Mic, Love That Barr Open Stage, Valley BBQ The Wind & the Moon, Burnstown
<ul style="list-style-type: none"> Arts Carleton Place AGM, CP Carp Celtic Jam, Carp Masonic Lodge Wine Tasting/Book Signing, Almonte 	<ul style="list-style-type: none"> Kelly Sloan, O'Reilly's Pub Young Awards AGM, Almonte Mississippi Blues Society, Thirsty Moose 	<ul style="list-style-type: none"> Rural Landowners' Workshop, Arnprior Where Do We Go Now, Perth Martha Wainwright, Neat Coffee Shop Open Celtic Jam, Naismith Pub Open Jam w/Dave Balfour, O'Reilly's 	<ul style="list-style-type: none"> Acoustic Open Mic, Alice's Village Cafe Where Do We Go Now, Smiths Falls Joey Wright & John Showman, MERA MapleLeaf Up/MapleLeaf Down, Perth Open Mic, Love That Barr Open Stage, Valley BBQ
<ul style="list-style-type: none"> Carp Celtic Jam, Carp Masonic Lodge PFLAG MTG, Carleton Place 	<ul style="list-style-type: none"> Brock Zeman, O'Reilly's Pub Essential Oils & Pain Relief, Almonte Michael Runtz Wildflower Talk, Perth West Carleton Garden Club, Carp Mind-Body Healing Talk, Carp 	<ul style="list-style-type: none"> Harry Manx w/Yeshe, Neat Coffee Kanata Art Club Meeting, Kanata Open Celtic Jam, Naismith Pub Open Jam w/Dave Balfour, O'Reilly's Public Town Hall Meeting, Perth 	<ul style="list-style-type: none"> Acoustic Open Mic, Alice's Village Cafe Comedy Night, Carleton Place Flippin' Art Night, Carleton Place MapleLeaf Up/MapleLeaf Down, Perth Military Book Launch, Carp Open Mic, Love That Barr Open Stage, Valley BBQ
<ul style="list-style-type: none"> Almonte Quilters' Guild, Almonte Carp Celtic Jam, Carp Masonic Lodge CFUW Meeting, Perth 	<ul style="list-style-type: none"> Brock Zeman, O'Reilly's Pub 	<ul style="list-style-type: none"> Boy, Perth Open Celtic Jam, Naismith Pub Open Jam w/Dave Balfour, O'Reilly's Perth Historical Society Mtg, Perth Archetypes in Business, Almonte 	<ul style="list-style-type: none"> Acoustic Open Mic, Alice's Village Cafe Festival of Lights, Perth Boy, Smiths Falls Jenn Grant & Cuff the Duke, Neat Coffee Shop Open Mic, Love That Barr Open Stage, Valley BBQ
<p>We're a bit squished this month... please visit www.thehummm.com for full details</p>			
<ul style="list-style-type: none"> Almonte Hort. Society Mtg, Almonte Carp Celtic Jam, Carp Masonic Lodge 	<ul style="list-style-type: none"> Brock Zeman, O'Reilly's Pub Lanark County Quilters Guild, Perth PFLAG Mtg, Stittsville 	<ul style="list-style-type: none"> Arnprior Quilters' Guild, Arnprior Open Celtic Jam, Naismith Pub Open Jam w/Dave Balfour, O'Reilly's 	<ul style="list-style-type: none"> Acoustic Open Mic, Alice's Village Cafe Open Mic, Love That Barr Open Stage, Valley BBQ

Mudds Auditions, Nov. 10, for *Nunsense II*. Call 599-7221 for time. Mississippi School for the Arts, CP.
Comedy Night, Nov. 15, 8PM. Ballygiblin's, Carleton Place. 253-7400.
LIPS Poetry Slam, Nov. 16, 7PM. Morphy's Falls Restaurant, CP. \$5
Aladdin, Nov. 25 (2PM charity preview \$5), Nov 30, Dec 1, 7, 8 (7:30PM); Dec 2, 8 (2PM). Mudds panto. CPTown Hall, 253-2007, \$20
Spiritual Cinema Circle, Nov. 25, 2PM. McMartin House, Perth. 267-4819, Free

Youth
My Town's Got Talent Finale, Nov. 2, 7PM. PDCI, Perth. 257-9074, mtg.org
Beckwith Youth Dance, Nov. 9, 6-9PM. Brunton Community Hall, Beckwith. 257-1539, twp.beckwith.on.ca. \$3
CP Christmas Celebration, Dec. 1. Breakfast w/Santa, scavenger hunt. downtowncarletonplace.com. Downtown CP

Almonte in Concert Music Club, Dec. 2, 12:30PM. Almonte Old Town Hall, 256-5267, almonteinconcert.com/music-club
Literature
Writers Reading, Nov. 3, 1-5:30PM. \$15/\$12 at The Cove. Westport United Church, 273-7781, westportartscouncil.ca.
Military Book Launch, Nov. 15, 7PM. *The Failure of Canada's Cold War Civil Defence*. The Diefenbunker, 3911 Carp Rd.
1st Edition Reading Series, Nov. 17 & 24, 7PM. Backbeat, Perth. 466-0663. \$10
Used Book Sale, Nov. 17, 10AM-2PM. Almonte Library, 155 High St.

Music
Bolingbroke Cafe, Nov. 2, 7:30PM. ABC Hall, Bolingbroke
Spencer Scharf, Nov. 3, Dec. 1, 6-9PM. Our Place in the 'Prior, Arnprior. 622-7763

Joey Wright & John Showman, Nov. 8, 8PM. MERA, McDonalds Corners.
AMBUSH, Nov. 9, 8PM-1AM. For LAWS. Smiths Falls Civitan Hall, lanarkanimals.ca
Potluck & Music Jam, Nov. 10, 5PM-10PM. 5pm potluck, 6pm dancing. ABC Hall, Bolingbroke. 273-2571
Joanna Chapman Smith, Nov. 10, 8PM. RSVP, findlayhouseconcerts@gmail.com. Carleton Place. \$20
Long Sault Trio, Nov. 10, 7:30PM. Peace of Mind Creations & Friends, Almonte. 461-7662. \$25; \$20 in adv.
The Dardanelles, Nov. 10, 8PM. Tickets at Shadowfax. Farrell Hall, Perth. shadowfax.on.ca.
White Lake Acoustic Jam, Nov. 10, 7-10PM. White Lake Fire Hall, 256-5439. \$5 (members free)
Fathead, Nov. 16 & 17, 7PM. Blues on the Rideau. The Cove, Westport. 1-888-COVE-INN, \$60 dinner & show.

Fiddlers' Night/Dinner, Nov. 16, 6PM. Almonte Civitan Hall, \$12.
Jory Nash CD Release, Nov. 16, 8PM. MERA, McDonalds Corners. 268-2376, \$20
Classical Concert, Nov. 16, 7:30PM. \$20/\$10 at Musicworks or door. St. Andrew's Church, CP. christa@ovationmusic.ca.
The Mighty Popo, Nov. 16, 7PM. Guatemala Stove Project fundraising dance. \$22; Perth Civitan Hall, 267-5202
Jazz House Concert, Nov. 17, 8PM. The Lucas Haneman Three. Almonte. jazzn.ca
Open Mic at MERA, Nov. 18, 1:30-4PM. MERA, McDonalds Corners.
Traditional Song Session, Nov. 18, 2-4PM. The Barley Mow, Almonte. 482-1437
Toronto Symphony Youth Orchestra, Nov. 23, 8PM. PPAC. Tickets at Tickets Please. 485-6434, PDCI, Perth.
Valdy, Nov. 23, 8PM. Carleton Place Town Hall. lyleproductions@gmail.com

NOVEMBER 2012

Friday

Saturday

Sunday

<ul style="list-style-type: none"> 🎵 Bolingbroke Cafe, Bolingbroke 🎵 Evening of One Act Plays, Perth 🎵 Mudds Murder Mystery, Carleton Place 🎵 My Town's Got Talent Finale, Perth 🎵 Steve Barrette Trio, The Swan at Carp 🎨 Vernissage, Blakeney 🎨 Vernissage, Almonte 	<ul style="list-style-type: none"> 🎨 Open Studio, Almonte 🎨 Vernissage, Almonte 📖 Writers Reading, Westport 🎨 Women's Fair, CP 🎨 Handmade Harvest & Xmas in the Valley, Almonte 🎵 Evening of One Act Plays, Perth 🎨 Fashion Show/Wine & Cheese, CP 🎨 A Zombie Adventure, Carp 🎨 Lanark County Genealogical Soc., Perth 🎵 Marta Pacek, O'Reilly's Pub 🎵 Mudds Murder Mystery, Carleton Place 🎨 Naked on the Farm, Almonte 🎨 OWAA Gallery Anniversary/Art Sale, Stittsville 🎵 Spencer Scharf, Arnprior 🎵 The Wind & the Moon, Perth 	<ul style="list-style-type: none"> 🎵 Alex Cuba, Neat Coffee Shop 🎨 Christmas in the Valley Artisan Show, Almonte 🎵 Evening of One Act Plays, Perth 🎨 Handmade Harvest Craft Show, Almonte 🎵 Jazz Brunch, Fiddleheads 🎨 Kris Kringle Craft Sale, Perth 🎵 Magnolia Rhythm Kings, The Royal Oak 🎨 Military Talk, Appleton 🎵 Open Mic w/Kelly Sloan, Ashton Pub 🎨 Open Studio, Almonte 🎨 Valley Singles Lunch, Renfrew
<ul style="list-style-type: none"> 🎵 AMBUSH, Smiths Falls 🎵 Beckwith Youth Dance, Beckwith 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎵 Songwriters' Circle, Neat Coffee Shop 🎨 Vernissage, Carleton Place 	<ul style="list-style-type: none"> 🎵 Mudds Auditions, Carleton Place 🎵 Potluck & Music Jam, Bolingbroke 🎵 Joanna Chapman Smith, Carleton Place 🎵 Kevin Head & Miss V, The Cove 🎵 Light up your Christmas at the Mill, Almonte 🎵 Long Sault Trio, Almonte 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎵 Poor Young Things, O'Reilly's Pub 🎵 The Dardanelles, Perth 🎨 Church Bazaar/Lunch, North Crosby 🎵 White Lake Acoustic Jam, White Lake 	<ul style="list-style-type: none"> 🎵 APEX Jazz Band, The Royal Oak 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎵 Open Mic w/Kelly Sloan, Ashton Pub
<ul style="list-style-type: none"> 🎵 David Gogo, Neat Coffee Shop 🎵 Fathead, Westport 🎵 Fiddlers' Night/Dinner, Almonte 🎵 Jory Nash CD Release, McDonalds Corners 🎵 Classical Concert, Carleton Place 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎵 Steve Barrette Trio, The Swan at Carp 🎵 The Mighty Popo, Perth 🎨 Violet Femmes Gala, Almonte 📖 LIPS Poetry Slam, Carleton Place 	<ul style="list-style-type: none"> 📖 1st Edition Reading Series, Perth 🎨 Craft Fair & Luncheon, Franktown 🎵 Fathead, Westport 🎨 Gift of Art, Kanata 🎵 Jazz House Concert 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎨 Stuff a Police Cruiser w/Snowsuits, CP 📖 Used Book Sale, Almonte 🎨 Xmas Lunch & Craft/Bake Sale, Almonte 	<ul style="list-style-type: none"> 🎵 C. R. Avery, Neat Coffee Shop 🎨 Gift of Art, Kanata 🎨 Parish Potluck, Almonte 🎵 Jazz Brunch, Fiddleheads 🎵 Magnolia Rhythm Kings, The Royal Oak 🎵 MapleLeaf Up/MapleLeaf Down, Perth 🎵 Open Mic at MERA, McDonalds Corners 🎵 Open Mic w/Kelly Sloan, Ashton Pub 🎵 Traditional Song Session, Almonte
<ul style="list-style-type: none"> 🎨 Almonte Lectures, Almonte 🎵 Danny Michel, Neat Coffee Shop 🎵 Kelly Sloan, Valley BBQ 🎵 Toronto Symphony Youth Orchestra, Perth 🎵 Valdy, Carleton Place 	<ul style="list-style-type: none"> 🎨 Christmas Craft Fair, CP 📖 1st Edition Reading Series, Perth 🎨 Aromatherapy & Yoga, Almonte 🎨 Breakfast with the Arts, Westport 🎨 Festival of Good Cheer, Perth 🎵 New Country Rehab, Almonte 🎵 Kevin Head & Miss V, The Cove 🎨 MERA Christmas Fair, McDonalds Corners 🎨 Open House Farewell to the Penny, Almonte 🎨 Red Trillium Studio Tour, West Carleton 🎨 Santa Claus Parade, Carleton Place 🎵 Trevor Alguire, Neat Coffee Shop 🎨 Wild Food Fundraising Dinner, Perth 	<ul style="list-style-type: none"> 🎨 Aladdin, Carleton Place 🎵 Almonte Big Band Tea Dance, Almonte 🎵 APEX Jazz Band, The Royal Oak 🎵 Open Mic w/Kelly Sloan, Ashton Pub 🎨 Ottawa Valley Male Choir, Carleton Place 🎨 Red Trillium Studio Tour, West Carleton 🎨 Spiritual Cinema Circle, Perth 🎨 Waldorf Christmas Fair, Stittsville
<ul style="list-style-type: none"> 🎨 Aladdin, Carleton Place 🎨 Breakfast with Soul, Almonte 🎨 Carp Farmers' Christmas Market, Carp 🎵 Rik Emmett, Neat Coffee Shop 🎵 Steve Barrette Trio, The Swan at Carp 	<ul style="list-style-type: none"> 🎨 Aladdin, Carleton Place 🎨 Bake Sale Fundraiser, Carleton Place 📖 Book Signing, Arnprior 🎨 Carp Farmers' Christmas Market, Carp 🎨 CP Art Tour & Sale, Carleton Place 🎨 Downtown CP Christmas Celebration, CP 🎨 Heritage Perth Christmas House Tour, Perth 🎨 Lanark County Genealogical Soc., Perth 🎨 Nick of Time Artisan Show, Perth 🎨 Pakenham Country Christmas, Pakenham 🎨 Santa Claus Parade, Perth 🎵 Spencer Scharf, Arnprior 🎨 Stairwell Carollers, Almonte 	<ul style="list-style-type: none"> 🎨 Aladdin, Carleton Place 🎨 Almonte in Concert Music Club, Almonte 🎨 Heritage Perth Christmas House Tour, Perth 🎵 Magnolia Rhythm Kings, The Royal Oak

Military Talk, Nov. 4, 2PM. 42nd Lanark & Scottish Regiment. N Lanark Museum, Appleton. 257-8503

Valley Singles Lunch, Nov. 4, 12:30PM. Call 256-8117 or 432-7622. Finnigan's Road House, 302 Raglan St. S., Renfrew.

Arts Carleton Place AGM, Nov. 5, 6PM. Slackoni's, 35 Mill St., CP.

Wine Tasting/Book Signing, Nov. 5, 7:30PM. Rod Phillips. Reserve at Mill St Books, 256-9090. Heirloom Cafe, Almonte.

Young Awards AGM, Nov. 6, 7PM. Foodies Fine Foods, 34 Mill St., Almonte. 256-5081.

Arnprior Rural Landowners' Workshop, Nov. 7, 7PM. Arnprior Library, 278-2939

Light up your Christmas at the Mill, Nov. 10 (10-3). Yoga fashion shows, shopping. Mill of Kintail, Almonte. 256-9373

United Church Bazaar/Lunch, Nov. 10 (10-2). N. Crosby Community Centre

PFLAG Carleton Place, Nov. 12, 7PM. With LGBT youth drop-in. Zion-Memorial Church, CP. 859-0100.

Essential Oils & Pain Relief, Nov. 13, 7-9PM. Mill of Kintail, Almonte. 256-9373

Michael Runtz Wildflower Talk, Nov. 13, 7:30PM. PDCI, Perth. 267-2358, \$5 non-memb

West Carleton Garden Club, Nov. 13, 7:30PM. Carp Memorial Hall, wcgarden@gmail.com. \$5 non-memb.

Mind-Body Healing Talk, Nov. 13 7PM (\$20); **Open House & Talk**, Nov. 24, 1PM (Depression & Addiction, free). Carp Ridge Health Clinic, Carp. 839-1198.

Public Perth Town Hall Meeting, Nov. 14, 7PM. Public discussion. Perth Town Hall.

Violet Femmes Gala, Nov. 16, 5:30PM. Girls night out for LCiH. Almonte Community Centre, lcih.org

Craft Fair & Luncheon, Nov. 17 (10-3). Centennial Hall, Franktown. 283-3789.

Stuff a Police Cruiser w/Snowsuits, Nov. 17 (10-2). Donations of snowsuits & cash. RONA, 535 McNeely Ave., CP

Xmas Lunch & Craft/Bake Sale, Nov. 17 (11-2). Almonte United Church

Holy Name of Mary Parish Potluck, Nov. 18, 5-7PM. Holy Name of Mary, Almonte

CFUW Mtg, Nov. 19, 6:30PM. Perth Legion

Perth Historical Society Mtg, Nov. 21, 7:30PM. Matheson House, Perth. 264-0094

Archetypes in Business, Nov. 21, 6PM. WhiteLight, Almonte. 256-7799. Free

Festival of Lights, Nov. 22, 6-8PM. Bonfire in the Tay Basin, fireworks. Perth.

Almonte Lectures, Nov. 23, 7:30PM. Almonte United Church, almontelectures.ncf.ca.

Aromatherapy & Yoga Workshop, Nov. 24, 1PM. Spirit Matters, 5907 Martin St. N., Almonte. 256-9373. \$45, \$35 in adv.

Breakfast with the Arts, Nov. 24, 7:30AM. Potluck, speaker at 8:30AM., The VWordsmith, 22 Bedford St., Westport. 273-3222.

Christmas Craft Fair, Nov. 24 (10-3). Beckwith Public School, CP. 435-8929.

Festival of Good Cheer, Nov. 24 (10-3). At Crystal Palace & Perth, 267-1100

MERA Christmas Fair, Nov. 24 (10-5). McDonalds Corners. meraschoolhouse.org

Open House, Farewell to the Penny, Nov. 24, 3-6PM. Rare display, Penny drive for AGH. Alliance Coin, Almonte. 256-6785

Santa Claus Parade, Nov. 24, 5PM. Downtown CP. downtowncarletonplace.com.

Wild Food Fundraising Dinner, Nov. 24. Proceeds to MMLTC.ca. Perth Lions Hall, 267-9557, \$30; \$10 under 12

Ottawa Valley Male Choir, Nov. 25, 2:30PM. Zion-Memorial Church, CP. 253-0975

Waldorf Christmas Fair, Nov. 25 (10-3). Kids' shopping, puppet play, cafe. Ottawa Waldorf School, Stittsville. 836-1547. Free

PFLAG Stittsville, Nov. 27, 7-8:30PM. With LGBT youth drop-in. St. Andrew's Church, Stittsville. 859-0100.

Breakfast with Soul, Nov. 30, 8-10AM. The White Lilly, Almonte. lillywhite.ca. Free

Carp Christmas Market, Nov. 30 (3-8), Dec 1 (8-2). Carp Agricultural Hall, Carp

New Country Rehab, Nov. 24, 8PM. Folkus. \$27 at Mill Street Books or door. Almonte Old Town Hall, folkusalmonte.ca

Kate Reid, Nov. 24, 8PM. Tickets at Shadowfax. Full Circle Theatre, Perth. shadowfax.on.ca.

Almonte Big Band Tea Dance, Nov. 25, 1-4PM. Almonte Old Town Hall, 563-7044, sroteadances.org. \$12 at door

Stairwell Carollers, Dec. 1, 7:30PM. Almonte United Church, 257-3692.

The Swan at Carp (Falldown Lane Carp, 839-7926), jazz, no cover
Nov 2, 16, 30 Steve Barrette Trio, 7-10pm

Fiddleheads (Code's Mill, Perth, 267-1304):
Nov 4, 18 Jazz Brunch w/Clay Young Duo, 12-3pm

The Royal Oak (329 March Rd. Kanata, 591-3895): jazz on Sun, no cover
Nov 4, 18, Magnolia Rhythm Kings, 3-6pm
Nov 11, 25 APEX Jazz Band, 2-5pm

Carp Masonic Lodge (3704 Carp Rd., Carp): Carp Celtic Jam, Mon (7-9pm).

The Cove (2 Bedford St., Westport, 273-3636):
Nov 3, 10 Kevin Head & Miss V, 6-9pm
Nov 24 K. Head & Miss V, 12:30-3:30pm

Neat Coffee Shop (1715 Calabogie Rd., Burnstown, 433-3205): 8pm
Nov 4 Alex Cuba, \$32.50
Nov 5 54-40, \$54.40
Nov 7 Martha Vwainwright, \$65
Nov 9 Songwriters' Circle, \$20
Nov 14 Harry Manx w/Yeshe, \$45
Nov 16 David Gogo, \$25
Nov 18 C. R. Avery, \$25
Nov 22 Jenn Grant & Cuff the Duke, \$25
Nov 23 Danny Michel, \$25
Nov 24 Trevor Alguire, \$20
Nov 30 Rik Emmett, \$52.50

The Naismith Pub (411 Ottawa St., Almonte, 256-6336): Open Celtic Jam Wed, no charge (7:30-10pm)

Ashton Pub (113 Old Mill Rd., Ashton): Sundays Open Mic w/Kelly Sloan, 2-5pm

O'Reilly's Pub (43 Gore St. E., Perth, 267-7994): 8:30pm. Brock Zeman Tues; Open Jam w/Dave Balfour Wed
Nov 3 Marta Pacek
Nov 6 Kelly Sloan
Nov 10 Poor Young Things, \$10

Love That Barr (2496 County Rd. 29, Pakenham, 624-2000): Thurs Open Mic (8pm)

Alice's Village Café (3773 Carp Rd., Carp, 470-2233): Thurs Acoustic Open Mic w/Curtis Chaffey (6:30pm)

Valley BBQ (10470A Hwy 7, CP, 257-1700): Open Stage Thurs (9pm)
Nov 23 Kelly Sloan

Thirsty Moose (20 Bridge St, CP, 253-0879): 8:30PM. Nov 6 Miss. Blues Society Jam

Community Bazaar/Chili Luncheon, Nov. 1, 9AM-1PM. \$6, Fairview Manor, Almonte. 256-3113x2908.

Fashion Show, Nov. 1, 7PM. MVTM, Almonte. \$30; \$25 in adv.

Chicken & Rib Dinner, Nov. 3, 5:30PM. \$15, call 273-3223. Westport Legion

Christmas in the Valley Artisan Show, Nov. 3 & 4 (10-4). Almonte Community Centre. 256-4207

Fashion Show/Wine & Cheese, Nov. 3, 2-5PM. CP Legion. 253-1774, \$18; \$15 adv.

Handmade Harvest Craft Show, Nov 3 (9-3), Nov 4 (10-3). Almonte Old Town Hall, handmadeharvest.com. \$2

A Zombie Adventure, Nov. 3, 2-5PM. The Diefenbunker, Carp. hauntedwalk.com/zombie.php.

Lanark County Genealogical Soc., Nov. 3, 1:30PM. Archives Lanark, Perth.

Women's Fair, Nov. 3 (10-4). Benefits LCiH. CP Arena, 75 Neelin St., Carleton Place.

Kris Kringle Craft Sale, Nov. 4 (11-3). Santa 12-2pm. Perth Lions Hall, 267-3587.

Jory Nash CD Release at MERA

Acclaimed and award-winning singer-songwriter Jory Nash will make a special appearance to celebrate the release of his seventh CD, *Little Pilgrim*, on Friday, November 16 at 8PM at the MERA Schoolhouse in McDonald's Corners. The new CD is the much anticipated follow up to Nash's 2009 release *New Blue Day*, which was named Album of the Year by the Canadian folk/roots music magazine *Penguin Eggs*.

Jory made a splash at the Blue Skies Music Festival, bringing along his intricate, melodic and masterful lyrical sensibilities, as well as a full band. If it was possible to hear a pin drop at a music festival, it was during Jory's Sunday night set. Two thousand people sat rapt with attention, hanging on every word of the humorous stories woven seamlessly in between spectacular musical performances. While it's not unusual for Jory to sprinkle a cover tune or two into his sets, it was astonishing to everyone who witnessed it when Jory's version of a Paul Simon song had most of the crowd up and dancing (as well as singing) along with the tune.

Jory's appearances at Blue Skies over the past few years have usually included Motown and soul workshops, which are always popular. CBC Radio's Stuart McLean named Jory's recording of *Tracks*

of *My Tears* as "one of the best cover songs ever." Nash's influences aren't limited to Motown and soul, though. His 2007 album, *Folk, Jazz, Blues & Soul* contains recordings of *Fly Me To The Moon* and Woody Guthrie's *So Long It's Been Good to Know You*, along with Smokey Robinson's classic.


Cover songs are only a small portion of Nash's extensive repertoire, which is chiefly made up of his own outstanding compositions that blend elements of his varied influences into an original stew of sound. His critically acclaimed CDs each have a distinct personality and a high standard of quality, but all of them reflect Jory's recognizable style.

Nash is a past winner of the Ontario Council of Folk Festival's "Songs from the Heart" competition, and has recently passed the reins as artistic director of the Shelter Valley Folk Festival in Grafton to Carolyn Sutherland, who was formerly with the Stewart Park Festival.

Jory Nash's performance at the MERA Schoolhouse will begin at 8PM on Friday, November 16. Tickets are \$20 and can be purchased in advance from Tickets Please at Jo's Clothes, 39 Foster Street in Perth, by phone at 485-6434, or online from <ticketsplease.ca>. For more information or to reserve tickets, phone 268-2376 or email <shakeyacres@hotmail.com>.


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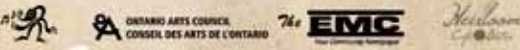
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Sat. Nov. 24 **Santa Claus Parade Day**
with **Kevin Head & Miss V** 12:30-3:30
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Funny You Should Write...

To Bridezilla with Love

Disclaimer: Please consult your PTA, wedding coordinator and yogi before heeding any of the following advice. Got a question? Send Miss Write an email at <misswrite@thehummm.com>.

Dear Miss Write,

The other day I received an email from a very cherished, close friend. In it she said goodbye. She said that she didn't want to explain this and that she didn't want me to try to see nor contact her in any manner. I feel that I have only supported and been at her side throughout our longstanding friend-

by Emily Arbour

ship. My question to you is twofold: 1) should I write to her in an attempt to reconcile and to give her a chance to air our concerns? 2) As we share a number of clubs and organizations should I just continue to participate as if nothing has happened?

Your loyal fan, Unfriended

Dear Unfriended,

It's difficult to know where to start with this one. On one side, I have to assume that something had to have occurred between you and this friend to inspire such a break up. But, without knowing more about the situation, and basing my reply on what you've told me here, my answers to your questions are as follows.

1) If you feel that it would help you heal in some way to write her a letter then, by all means, do. You have every right to do that. If you really are long-standing friends, I feel that she owes you some sort of explanation, but if you're going to ask for answers it's really important that you're prepared to hear them. Have you really been as good a friend as you believe yourself to be? Was the friendship two-sided, or did you get more out of it than she at the end of the day? What kind of positive things did you bring to the relationship? And, finally, if you were such good friends and she still hurt you in this way, do you really want to reconcile this friendship or are you better off without this person in your life?

2) I certainly don't think this friend's decision to end your relationship should affect how you live your life. After all, this was her call. The awkwardness it presents? That's on her. I say, if you can bring yourself to keep on keeping on, stick with the clubs and organizations. And be the bigger person when you run in to each other. Be cordial, if distant, and don't fall into one of those grudgy small town "she said, she said" traps that never help anything. Lastly, don't let this change the way you feel about yourself. So, maybe you're not for everyone. Who is? We're all special in our own right, and you're no exception. Friendship is supposed to be effortless. If it's not effortless, it's not real friendship and you're better off without her.

Dear Miss Write,

I'm an independent, married woman in my late 30s. I have a great relationship with my parents and have always been especially close with my mom. The problem is, despite not having lived at home for nearly 20 years, my mother still treats me like a kid. She gives unsolicited advice and even goes as far as to intervene with my husband and my employer when I don't heed her guidance. What can I do to convince her that although I value her opinion, I've got my own and can take care of myself?
Sincerely, I'm a Big Kid Now

Dear Big Kid,

If that is your real name, you just need to put on your big girl panties and stand up to your mom.

She's your mom. If you've never stood up to her before, this first encounter might catch her off guard, but it's not like she's going to disown you or anything. She's your mom. These are the situations that take mother/daughter relationships to new levels of closeness. Don't deny yourself that by wimping out. The next time she gives you advice you don't agree with, or goes over your head to get what she wants, confront her. Tell her you appreciate her take on the situation, but you feel strongly that (insert strong feelings here). And when she doesn't quit, just nod or say something vague like "that's an interesting perspective" or "I've never thought about it that way", finish your tea and leave. Then go do what you think is right because you're 37 and those footie jammies are starting to look a little tight.

Dear Miss Write,

I'm getting married in six months and everything about planning my wedding has me stressed to the max. Incompetent caterers, dress-tailoring mishaps, uncooperative bridesmaids... nothing has been easy. What can I do to make this process enjoyable and not become the "bridezilla" I'm trying so hard not to be?

Here comes the Bridezilla



Dear Bridezilla,

If you don't want to be a Bridezilla, just don't be. Listen, weddings are crazy. I have seen them bring out the worst in people. Oh I've seen things. What other day in your life is all about you? It's just not natural. I suppose that could be the argument for the stress. It's your ONE day and, dammit, it has Got. To. Be. Perfect. The problem is, when you expect perfection it becomes instantaneously impossible to achieve. It just does. Because you don't actually know what a perfect wedding day is until you're walking through it. I can tell you it doesn't have anything to do with whether or not the caterer serves cheddar instead of afore-promised Havarti, or a bead has been misstitched on your gown. A "perfect day" could well be chowing down on dance floor pizza and hiking up that bustle to cut a rug with your bridesmaids. And those things will never happen if you've got everyone scared too stiff to have fun. Just chill. Go with the flow and everything will fall into place. It'll be glorious. Trust me.

— Emily Arbour is a freelance writer (among other things) who lives and works in Almonte, Ontario. By no means is she an expert in anything but having an opinion and making things up. You can go ahead and take her advice, but you'd probably do just as well asking a nudist how to match your belt with your shoes. Only difference is they don't have a column in this fine publication.

Our Resources, Our Future

Perth Public Town Hall Meeting

At the Perth Town Hall, 80 Gore Street East, on Wednesday, November 14 at 7PM, you can add your voice to the growing movement to bring civility, discourse and public interest back to government.

John Fenik, Mayor of Perth, will moderate an open, public discussion of the following topics: issues facing youth; the challenges for small business, agriculture and local food; and the role of municipal and provincial governments in our lives. It is a meeting for those who want a cooperative government at both the federal and provincial levels, who want their voices heard, and who want to move things forward.

A panel of four speakers will open the discussion by outlining some problems and proposed solutions in the areas of youth, small business, agriculture and the involvement of government, with an emphasis on positive ideas — how can we move forward? The discussion will then

be open to the floor, to hear from the audience. Dave Parkhill, paramedic with Frontenac Emergency Services, will moderate.

There was a time, not long ago, when community was reflected in government affairs, and it's time to bring that back. In April of this year, a number of local interested people got together and talked about this state of affairs. This upcoming meeting is the result of their planning to reach out to the community. Here's a chance to get together and voice your solutions to the problems that face our community — bring your ideas, and an open mind to the meeting. In our neighbourhoods, we can talk to each other — we may have differences and we don't have to agree on everything, but we have enough in common that we can still co-operate to build community.

We have the power, indeed the obligation, to bring a positive dialogue to Queen's Park and to Parliament Hill.

Hay East Initiative

Urban folks can be forgiven for not understanding farm issues and farmers very well. After all, food is something that one just purchases at the store, right? It comes off of the shelf. Everyone knows that. No big deal.

To most people, farmers are just those vague individuals who drive around on tractors all day, milk a few cows and listen to country music on the radio. They own huge fields full of corn, hay and all of that green stuff and like to play around in manure piles. Sometimes they even make nuisances of themselves by plugging up the highways with their farm machinery in an act of demonstration because they apparently are upset about one thing or another.

In reality though, farming is political — make no mistake about it. Agriculture is big business. And when it fails, the nation fails. When farmers are threatened and go out of business, the "politics of food" becomes the main issue at play.

Much of what we eat is imported. "Cheap food" makes this possible and, in the eyes of many, desirable as well. But what if present conditions change? Who will feed us then? For years now, many of our farmers have been forced out of business. Much of this country's best agricultural land has been turned into suburbs. And with all of this, our own ability to feed ourselves has steadily diminished. But the continued availability of "cheap" imported food made no one (except those in the agricultural community) notice. The shelves remained full. What a precarious situation it has led to, yet hardly anyone has paid attention to it.

Now with the recent drought in North America (and especially here in Eastern Ontario), everyone *will* notice and notice it soon. It will be well felt in the pocket-

books of those going to the stores this winter to get that "food that just comes off of a shelf"

Hay East Fling for Area Farmers

Hay East is an initiative that is focused mainly on the disaster in Eastern Ontario. The Mennonite Disaster Relief Committee in Alberta and Saskatchewan is organizing the delivery of much-needed hay for desperate farmers here, donated by farmers in Western Canada. Assistance is needed to help pay for the transportation of the hay to areas in Ontario where it is needed. The public can help by making a donation at any Scotiabank branch in Eastern Ontario, by checking the Ontario Federation of Agriculture website, or by sending a cheque to the Lanark County Cattleman's Association (LCCA) Hayfund 2012.

Folks in this area have another way to contribute — by attending the **Hay East Fling** on Saturday, November 3, at the Almonte Civitan Hall. The event begins at 7PM, and will feature performances by The Bowes Brothers, Darlene Thibault and Smokey Rose, The Ottawa Valley Review, and others. There will be beef-on-a-bun, a silent auction and other in-house activities, including a "Great Cake Challenge" in which municipal leaders will have special cakes created to be auctioned off. Each cake will be designed to reflect the individual characteristics of its jurisdiction, and the one that raises the most money will convey eternal bragging rights. Admission to this great event is by donation to the Hay East initiative, and all entertainers have donated their time and talent.

Either way, we all will pay. The choice is in whether we spend it on our own farmers or on those who reside in countries elsewhere.

— Lyle Dillabough

If you want to experience
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worth of copper,
you have two choices:

- 1) Fill your pool with 70 tons of pennies, or
- 2) Join us for a viewing of

Copper Royalty

*The rarest display of beautiful
Canadian Large Pennies ever seen,
together with a selection of other important world
copper coins from Ancient times to the present.*

During our "Farewell to the Penny"
Open House

Saturday November 24, 3 to 6PM

Note: we will be closed from 1 to 3PM in preparation

Three Hours Only!

Special
musical guests:
Harpists
"The Gryflyn Duo"

Alliance Coin & Banknote welcomes everyone to our year-end open-house, marking the beginning of my 25th year in the coin business. We are delighted to once again be supporting the Almonte General Hospital with our major Penny Drive, and have been striving to raise \$3,500 for their purchase of a new vital signs monitor. Thanks to the ongoing generous support of the community, we have every confidence that we will reach this ambitious goal by the 24th. Keep watch on the "great wall of copper" in our front gallery window, as the pennies continue to gather.

After 154 years of constant circulation, we wanted to give a proper farewell to the Canadian One Cent coin (or "Penny"), and are thrilled to be able to offer a rare viewing of *Copper Royalty*. The display will feature an unprecedented and complete set of 50 large cents, comprising the finest such set ever seen in public, anywhere in the world. Accompanying this Canadian component will be a delightful group of other rarities, each representing a different historical facet — from the very birth of coinage in ancient times, to a legendary United States "double-date" Penny of 1955, capped off by some incredible examples of mint manufacturing errors. I encourage you to stop in, join us for some refreshments and heavenly harp, and peruse this once-in-a-lifetime display of copper coins before they disappear back into the vaults of their owners for another generation.

— Sean Isaacs

Alliance Coin & Banknote
88 Mill Street, Almonte
613-256-6785 • www.alliancecoin.com



The family of the late Barry (Sam) Spicer recently donated 200 acres of wilderness in the Pakenham Hills to the MMLTC to protect its natural state in perpetuity.

Caring For Your Land Rural Landowners' Workshop

Mississippi Madawaska Land Trust Conservancy (MMLTC) invites local landowners and all nature lovers to a Landowners' Workshop taking place in Arnprior on Wednesday evening, November 7. The catalyst for the workshop was the recent acquisition of the nearby High Lonesome Nature Reserve, a property that has been certified as ecologically significant by Environment Canada. The workshop will offer the opportunity to learn about the rich natural features of the area, including species at risk, and the role individual landowners can play to be good stewards of their own bit of paradise.

The family of the late Barry (Sam) Spicer recently donated this 200-acre wilderness in the Pakenham Hills to the MMLTC to protect its natural state in perpetuity. MMLTC is delighted with this land acquisition, with its network of trails that wander up, down and through forests, by beaver ponds and along creeks. The fact that it lies within a Provincially Significant Wetland Complex adds to its exceptional ecological diversity. Thanks to funding from the Ontario Ministry of Natural Resources Species at Risk Stewardship Fund, inventory work was completed this summer with a focus on targeted species at risk. MMLTC will protect the diverse natural habitats and native biodiversity with special attention to these species at risk. Landowners interested in long-term protection of their land will be able to learn more about what the land trust can offer.

The workshop will address the importance of species at risk and their habitat, and provide information on how to protect species at risk. Tips and expert advice will be available on actions landowners can take to develop a natural habitat that will encourage further biodiversity. A Ministry of Natural Resources official will be able to answer questions related to implications for landowners having species at risk on their property. Landowners will learn how to report sightings in order to advance understanding of the current range and habitat use of at-risk species and other plants and wildlife of particular interest.

In addition to High Lonesome, MMLTC also owns the Rose Hill Nature Reserve near Denbigh and holds a Conservation Easement on cliffLAND, 1250 acres of wilderness that includes Blueberry Mountain, the highest point in Lanark County. MMLTC is currently talking to three other property owners in its Mississippi and Lower Madawaska River watersheds catchment area about putting Conservation Easements on their properties to ensure they will be protected in perpetuity. Additional information on MMLTC can be found on its website at <mmltc.ca>.

The Caring for Your Land Workshop will also provide information on other tools available to rural landowners, such as Nature in Deed, a web portal that leads to information on a wide range of topics — how to deal with nuisance beavers and bears, how to naturalize a shoreline, how to manage a well and septic system, and more.

The event will take place from 7 to 9PM at the Arnprior Public Library, located at 21 Madawaska Street, at the corner of John Street. For further information please call 278-2939 or email <admin@mmltc.ca> or <vandenhoff@bell.net>.

Heart Home

I remember standing in the Mac's corner store near my house once. There were two teenagers talking to the cashier about how awful and boring Almonte is. This made me smile, mostly because they couldn't see how this amazing little town, nestling itself along a Mississippi River, had taken me in and planted a seed in my heart.

I didn't defend Almonte at the time. Maybe they even had a point. Almonte is the kind of lovely place that pushes you away so that you can come back. It doesn't force you to stay and say nice things about it. I had spent much of my youth in a very rough town, where bar fights and break and enters were the norm. Where there wasn't a youth centre like TYPs to provide intellectual stimulation and support for the younger members of my community. I came from a town that fought hard for its reputation and sometimes came in as the national capital for teen pregnancy in Canada.



Photo by DeSa Photography

So, listening to those two young people go on about Almonte as if it were this boring hamlet, I couldn't help but listing all the absolutely amazing things that it has to offer. Poem-style.

This is what I have always wanted to write for the town that will always be my heart home, and I'm sorry it took me leaving to finally write it down.

— Danielle Grégoire

My daughter was born in a hospital in Almonte On November 6th, 2008

She shares the same birthday as James Naismith When I found that out it was just another indication Another reminder that in Almonte, I belonged

For five years I dug myself into the fertile creative ground That our little town provided Supported by incredible people Folding me in to their community Like flour into bread Until I forgot that I had been an outsider

I lived my life there on Mill Street Adopted by shop owners, bakers and butchers My daughter spent her days reading with book shop owners While I stepped out to get the mail at a real post office

We sat on the library floor, day after day At home amongst the stacks This town opens itself up It adopts and embraces It is not afraid of change Or tradition

A town enamoured with concerts, and music With gardening, and going green With art, and sport, and bird watching Where bicycles are more than a mode of transportation They are celebrated

Where opening theHumm made me feel overwhelmed With the possibilities The water tower states The Friendly Town But that is an understatement In Almonte the teenagers smile at you in the street And they MEAN IT

I always said that I moved there for my favourite three Ps Poetry, Pottery and Puppetry But in the end it was the fourth P that made it my heart home The People

Do you know a
newcomer living in the
Smiths Falls area?



Smiths Falls
Local Immigration Partnership

If you know a newcomer in our community, encourage them to visit The Smiths Falls Local Immigration Partnership to link them with local settlement agencies and programs such as:
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Just to say "I love you"

Weddings (ask about our Wedding Registry)



Gift Baskets Available
you pick, we pack!



We have a gorgeous line of Maxwell Williams Kitchen and Dining Ware.

Peruse the catalogue and we can order "What a girl wants"!



It's a Christmas MERAcle!

The 8th annual MERA Christmas Fair is the perfect place to shop locally and support area artists and artisans, at MERA in McDonalds Corners.

MERA (McDonalds Corners-Elphin Recreation & Arts) is well known for the Schoolhouse Heritage Weavers. Their beautiful handwoven rugs, tea towels, placemats and other items make perfect original gifts. Other vendors at the Christmas Fair include Greta MacDonald with her very popular miniature paintings, the folks of Strawberry Cottage (where you can replenish your supply of natural soaps, hand creams and beeswax candles), and Cecile Durand's knitted items. Indulge your sweet tooth with the famous handmade organic Chocolate by Ludwig. Yvonne Lalonde's fine jewellery and Jane Conley's beautiful pottery are back again, along with new vendors: Mandy Kerwan's hand-sewn creations, Margaret Sullivan's repurposed wonders, and Christine Bendevis' authentic, handmade aboriginal beaded jewellery.

Enjoy a delicious sticky bun with some organic fair trade coffee at Café MERA, or how about a bowl of hot homemade soup? Seasonal homemade preserves and jellies will be available for sale as well.

The popular gift-bag raffles, with items donated by the artists and artisans, always add to the fun. There also promises to be a wonderful selection of homebaked goods from MERA members, as well as items from the MERA Knitting and Fibre Arts groups, all donated in support of MERA and the programs it offers to the community year-round.

In addition to providing original items that you won't see anywhere else, the Pottery Studio will host fibre arts and pottery activities for all ages at the fair. Learn a new craft. Bring the kids and grandkids and have some fun together! There will be a minimal charge for materials.

See you at the MERA Christmas Fair on Saturday, November 24 from 10AM to 5PM. For directions to MERA in McDonalds Corners go to <meraschoolhouse.org>.



You'll find items by the Schoolhouse Heritage Weavers and other gifted artisans at this year's MERA Christmas Fair in McDonalds Corners on November 24

Operation Christmas Child

With Christmas just around the corner, the participants and staff at Lanark County Support Services in Almonte have found a way to celebrate the season of giving. This year they will be dedicating some of their time and fundraising efforts to take part in the **Operation Christmas Child Shoe Box Campaign**.

Operation Christmas Child is a hands-on project of Samaritan's Purse, an international Christian relief and development organization. Canadians are able to bless the lives of children living in the developing world by packing shoe boxes with a variety of gifts: toys, school supplies and hygiene items.

"We are thrilled to have another community partner join Calvary Christian Academy and Calvary Pentecostal Church with our OCC campaign this year." Glenda Dunn-O'Brien, Samaritan's Purse Community Relations Co-ordinator. "Lanark County Support Services will help us to reach our goal this year of filling and shipping 2300 boxes to children in the developing world."

On Friday, November 16, LCSS in Almonte will be hosting a "Shoe Box Packing

Party", and is extending an invitation to everyone to stop by to help fill a shoe box. Plans for the day will include Christmas music and hot chocolate to help everyone get into the Christmas spirit.

LCSS is a day program for adults with developmental disabilities. There are five LCSS sites throughout Lanark County — Almonte, Carleton Place, Perth and two in Smith Falls. LCSS is sponsored by the Perth and Smith Falls District Hospitals and is funded by the Ministry of Community and Social Services. The Almonte agency is located on Industrial Drive.

The individuals at LCSS have set an ambitious goal: to fill and ship 100 boxes this Christmas season. They are expecting participants and staff from all five locations to join them in their efforts on November 16. However, this goal can only be realized through the assistance of donations from local businesses in Almonte and throughout Lanark County.

If you wish to join in with the festivities, or wish to make a donation of either items for the boxes or a funds to help with shipping costs, please contact Leigh-Anne Giardino at LCSS in Almonte: 256-8581x20.

Contract: Independent Consultant as Festival Coordinator

Puppets Up! is seeking submissions to fulfill a 1-year contract as Festival Coordinator.

Puppets Up! International Puppet Festival is an annual 3-day event, held the first weekend after the August civic holiday, following year-long preparations by a volunteer Board of Directors, with the help of other volunteers. The Festival Coordinator will generally work independently, in their own space, and meet with leaders of the following teams when necessary: Talent, Fundraising, Public Relations, Festival Operations, Finance/Admin and Volunteers. Under the general direction of the Chairperson, the Festival Coordinator will also monitor the progress of each department, and advise the Board.

Major tasks:

- Manage the critical path, which charts the progress of all teams.
- Ensure performers' contracts and travel arrangements are completed, where necessary.
- Manage fundraising events and activities.
- Maintain volunteer database and assist in recruiting volunteers.
- Oversee the creation, completion and compilation of an audience survey.
- Manage ticket sales and complimentary passes.
- Oversee grant applications and the filing of grant reports.

Skills Required

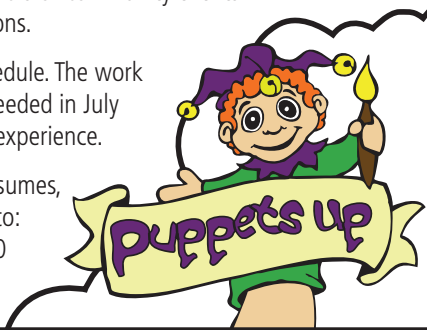
- Ability to work independently and with others, sometimes under pressure.
- Strong communication and problem-solving skills.
- Strong working knowledge of Excel, Word and email.
- Knowledge of the talents and skills of the people of our local community.
- Ability to work with volunteers.

Experience Required

- Management, coordination or operation of festivals or community events.
- Experience with volunteer/non-profit organizations.

The successful candidate must have a flexible schedule. The work would require 2-3 days a week, with more time needed in July and August. Payment will be commensurate with experience.

Qualified candidates are invited to submit their resumes, which must be received by 5PM on November 12, to: Puppets Up!, PO Box 1297, Almonte, ON K0A 1A0 or by email to <nyp.puppets@gmail.com>.



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My Collection

A collection drives me to distraction: the getting, the keeping, the dusting, the cataloguing, the distribution thereof... All of it is just more than I can handle. In fact, I am known for divesting myself of an old item when a new one is acquired. All right, I might have one jacket too many, but those are clothes, not a collection.

by Glenda Jones

As crazy as it sounds, I am working on a new collection, and it is a true joy. I'm collecting people. My collection is in categories. There is family, of course, and I store them in a special cabinet with fancy doors and a gold key. It's a whole separate story for another time. I'm inviting you to see my other collection. First, there are the close friends. I keep them stored on a middle shelf near me where I think of them often. I try to phone this group instead of using email, even when they live far away. I stop everything, and spend time enjoying them. They deserve that, and I sure know it revives me to have time just chatting. We share interests, maybe a cup of tea, and a recipe. This category is really special, and I consider it the ultimate part of my collection.

Then there is the neighbour category. I see these people fairly often, and the bonus is we know we can count on these friends if we need help. We share our woods, we share animal care, and chat at the mailbox a couple of times a week. We wave as we drive out, reassured that our neighbours are at home. I love this road — we know

There are other people who are fun to collect too. These are acquaintances that cross our paths at random, and make for good stories. We are inveterate B&B visitors. A few weeks back we met a couple from Vermont. The gentleman had recovered from horrendous injuries after he was struck by a bus, and was renewing his interest in woodwork, while his wife was — wait for it — a professional balloon decorator. Her work was fascinating and her stories even more so. Weren't these interesting people to add to the collection? What about this one: we met a lovely cashier at a local grocery store. When we got to our B&B later in the day, she was the dear lady who opened the door and made us welcome!

Our Sage Age Theatre group loves to visit retirement homes. On our stop last week, I searched the audience for a man we'd met on a few occasions. He always attends our performance dressed in a suit and tie, making us feel ever so important, and he always greets us like long-lost friends. I don't know his name, but I sure do know his smile. To see him there just made my day. (A secret: there is a dapper older gentleman here in town that knows the very words to warm a "young" girl's heart, and I love to meet him at any time. He's right up there on the top shelf of my collection.)

No collection of people would be complete without the shelf of people who aren't even aware they are included. These are celebrities we admire, maybe radio personalities or TV stars. We think we know them well, and count them in our collection, and delight when we actually

This brings me to a large segment of the collection: all the wonderful people in my realm of associations. Everyone has a special talent, and oh my, I'm astounded at the range they possess.

everyone and are cognizant of each other's needs. We would run to help without hesitation, and watch out for each other. So this group gets a convenient shelf too.

This brings me to a large segment of the collection: all the wonderful people in my realm of associations. Everyone has a special talent, and oh my, I'm astounded at the range they possess. I know people who are: teachers, artists, nurses, world travellers, politicians, union organizers, judges, doctors, ministers and journalists. Then there are the musicians, actors, singers, scientists, computer specialists, puppeteers, bakers, cake decorators, writers, and on it goes. Then there are the people who hold down two jobs, raise a family, volunteer and still have time to bake for the church bazaar. I can't organize this bunch very well, mainly because they are so busy all the time, but I am ever appreciative of what they do. These people need several shelves, and I find that they are so numerous they spill off the shelves and all around me. Trying to keep them all straight is a pleasant time-consuming task, so I put them back in a place where I can find them. They have come to my aid so often, I am thinking of building them their own cabinet.

make personal contact. We can bask in their glow for a while — even longer if they recognize us on the next meeting. I have several on an upper shelf and enjoy knowing I've met them, even if they wouldn't know me from Eve.

Who else do I collect? Well, there are the people I see every day: the cheerful fellow at the vegetable stand who gives me the extra little beets, the young lady at the vet who treats me and my animals with compassion, the pleasant kids in the bakery where I drop off the Hub key, the tellers at the bank who offer a chat with a transaction, and oh so many more wherever we go. I don't have a name to go with all the greetings, but I'm secure in the knowledge that each of these people is a welcome addition to my collection.

So that's a part of my collection. I'm really happy to have a collection that takes up only virtual space — space in my mind and heart — costs me so little, gives me such big returns, and provides me with hours and hours of happiness. It's about the best collection I could possess. My only hope is that I'm on someone's shelf as part of their collection too.

Writers Read in Westport

For November we have a wonderful **Writers Reading** event on November 3, from 1PM to 5:30PM at Westport United Church (corner of Spring and Church Streets). Richard Gwyn, Steven Heighton, Catherine McKenzie, and Tanis Rideout will all be reading from their latest works. \$15 tickets, or \$12 for seniors and students, can be purchased at Murphy's Barber Shop and The

Revolutionary, The Northern Magus (his biography of Pierre Trudeau), and *Nationalism Without Walls*. His two most recent books are the two-volume biography of Canada's first Prime Minister, Sir John A. Macdonald. Volume One, *John A.: The Man Who Made Us* was named one of the Best Political Books of the Last Twenty-Five Years by the Writers' Trust of Canada. Volume Two, *Nation Maker: Sir John A. Macdonald* was a *Globe and Mail* Book of the Year.

Long an intimate observer of the Canadian political scene, Richard began his journalism career in the late 1950s after immigrating to Canada from England. By 1962, he was *Time Canada's* parliamentary correspondent, following which he was a featured columnist with *The Toronto Star* for two decades.

Richard lives in Toronto with his wife, writer Carol Bishop-Gwyn. He knows the Westport area, as did Sir John A. Macdonald, who often passed through the village on his travels between his Kingston riding and Ottawa.

Steven Heighton is an award-winning novelist, short story writer, essayist and poet. He is the author of thirteen books, including poetry collections, short story collections, and novels. His work has been translated into a dozen languages. Widely praised, Steven has received many prizes and awards and has been nominated for others, including the Governor General's and Trillium Awards, and Britain's

W.H. Smith Award for Best Book of the Year. His novels *The Shadow Boxer*, *Afterlands* and *Every Lost Country* have been optioned for film. He has been writer-in-residence at several universities, including Concordia, Massey College (Toronto), Queen's, RMC, and Ottawa, and will hold the post at McGill University in 2013.

Catherine McKenzie's first two novels, *Spin* and *Arranged*, quickly became international bestsellers. They, along with her third novel, *Forgotten*, are now available in the US from William Morrow. The language and story lines of her novels have been variously described as "fresh," "new" and "compelling." Writing about Kate Sandford, the heroine of *Spin*, Tish Cohen said "Catherine McKenzie has created a 21st century Bridget Jones — dark and delicate, broken yet strong. *Spin* is all at once comic, heart-breaking, and life-affirming." Therese Walsh described *Arranged* as "a rare book: smart, funny, honest and absorbing."

Catherine McKenzie grew up in Montreal, graduated from McGill University, and subsequently from McGill Law School in 1999, and currently practices law in Montreal. Her fourth novel will be published early in 2013.

Above All Things, **Tanis Rideout's** first novel, was published in June of this year to immediate and high praise, having been singled out as one of five "Big Buzz" books of the 2011 Frankfurt Book Fair. It will be published in the UK and US early next year. The novel recounts British adven-



Westport's **Writers Reading** event features Richard Gwyn (above) and Tanis Rideout (left), among others

by Georgia Fennell

Cove Inn in Westport, or at the door (if available). Don't miss this superb event!

Here are some details on the writers reading, from <westportartscouncil.ca>:

Journalist, broadcaster, political commentator, biographer and historian **Richard Gwyn** is the author of seven best-selling books, including *The Shape of Scandal*, *Smallwood: The Unlikely*



turer George Mallory's ill-fated 1924 attempt to climb Mount Everest, set against a single day in the life of his wife Ruth at home in England. Joseph Boyden says, "With Tanis Rideout's debut, a major new voice in Canadian fiction arrives." Tanis published her first book of poetry, *Delineation*, in 2005. Other poems and fiction have appeared in many literary quarterlies and magazines. A new collection of poems, *Arguments with the Lake*, will be published in early 2013. Tanis was born in Belgium, lived many years in Kingston, and now calls Toronto home.

For more information about this event, contact Norman Peterson at 273-7781 or <npeterson@rideau.net>.

Kintail

Country Christmas

Saturday, December 15
10AM to 4PM
Mill of Kintail Conservation Area

Wagon rides • Crafts • Treasure hunt • Stories by the fire
Holiday music • Children-only gift shop • Photos with Santa Claus
Refreshments • Skating & snowshoeing
weather permitting

2854 Ramsay Concession 8 in Mississippi Mills
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call 613-256-3610 ext. 2 or visit www.mvc.on.ca

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